List of GLA:D™ Canada Clinics - Ontario

GLA:D™ CANADA

City/Town	Site	Address
Ajax	CBI Health Ajax	Suite 100, 65 Bayly Street W Ajax, ON L1S7K7 365-298-3350 https://www.cbihealth.ca/locations/ajax
Ajax	Durham Orthopedic and Sports Injury Clinic	60 Randall Drive, Units 7 & 8 Ajax, ON L1S 6L3 905-428-7800
Ajax	Healing Touch Ajax Inc. **(In-person and/or Virtual programs)**	10-1801 Harwood Avenue North Ajax, ON L1T 0K8 905-239-7022 https://healingtouchrehab.com
Ajax	Wellness Bliss Physiotherapy **(In-person and/or Virtual programs)**	Unit-18, 487 Westney Road South, Ajax, ON L1S 6W8 289-205-7950 https://wellnessblissphysio.ca/
Alliston	Alliston Physiotherapy & Sports Rehabilitation **(In-person and/or Virtual programs)**	27 Victoria St. E Alliston, ON L9R 1T9 705-434-0645 www.allistonphysiotherapy.com
Almonte	Almonte General Hospital	75 Spring Street Almonte, ON K0A 1A0 Suite: Physiotherapy
Angus	Stride Physiotherapy & Sports Rehabilitation **(In-person and/or Virtual programs)**	Unit 6, 17 King Street Angus, ON L0M 1B2 249-294-1080 www.stridephysio.net
Atikokan	Atikokan General Hospital	Rehabilitation Department 120 Dorothy Street Atikokan, ON P0T 1C0 807-597-4215 ext. 355 www.aghospital.on.ca
Aurora	Bayview Physiotherapy & Sports Medicine Clinic Inc. **(In-person and/or Virtual programs)**	10 Mosley Street, Suite 1 Aurora, ON L4G 1G6 905-713-1209 www.bayviewphysio.ca
Aurora	Crossfit Aurora Central	189 Earl Stewart Dr #5 Aurora, ON L4G 6V5 289-216-4494 https://crossfitauroracentral.com/

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Bancroft	PhysioNorth **(In-person and/or Virtual programs)**	#6-17 York River Drive Bancroft, ON K0L1C0 613-332-1010 www.physionorth.ca
Barrie	Barrie Community Health Centre	Community Room 490 Huronia Road Barrie, ON L4N 6M2 705-734-9690 ext. 291 https://barriechc.ca
Barrie	Ortho PT	1 Quarry Ridge Rd, Suite 103 Barrie, ON L4M 7G1 705-503-0577 www.orthopt.ca
Barrie	Suzie Foreman Physiotherapy **(In-person and/or Virtual programs)**	44 Farlaine Ave. Barrie, ON L9J 0M9 705-331-1506 www.suzieforemanphysiotherapy.com
Bolton	Bolton Physiotherapy Clinic **(In-person and/or Virtual programs)**	12295 Highway 50, Unit #10 Bolton, ON L7E 1M2 905-857-3927
Bowmanville	CMCC Chiropractic Clinic - Bowmanville Health Centre **(In-person and/or Virtual programs)**	222 King St. E, Suite 1105B Bowmanville, ON L1C 1P6 905-419-2622 www.cmcc.ca
Bradford	Bradford Sports Medicine Professionals **(In-person and/or Virtual programs)**	160 Holland Street West, Unit 1 Box #1137, Bradford, ON L3Z 1H7 905-775-3600 www. bradfordsportsmed.com
Bradford	Kinnect Family Chiropractic **(In-person and/or Virtual programs)**	92 Holland St W Bradford, ON L3Z 1H9 905-551-2456 https://kinnectbradford.ca/
Brampton	Epic Health and Movement **(In-Person and/or Virtual Programs)**	5A Conestoga Dr, Suite 200 Brampton, ON L6Z 4N5 905-500-5718 https://www.epichealthandmovement.com/
Brampton	Insync Wellness	20 Rivermont Rd, Unit 3B Brampton, ON L6Y 6G7 905-455-2222 www.insyncwellness.com
Brampton	Ortho Rehab Group Inc.	2140 North Park Dr, Unit 48 Brampton, ON L6S 0C9 905-595-7007

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Brampton	Progressive Rehab **(In-person and/or Virtual programs)**	9497 Mississauga Rd, Unit 1 Brampton, ON L6X 0Z8 905-870-8100 x 2 www.progressiverehab.ca
Brampton	RMT Movement	195 County Court Blvd, Unit 200 Brampton, ON L6W 4P7 647-201-4814 www.rmtmovement.ca
Bright's Grove	Cross Works Physiotherapy - Bright's Grove	2670 Lakeshore Road Bright's Grove, ON N0N 1C0 519-491-3097 https://www.crossworksphysio.ca/
Brooklin	Brooklin Rehabilitation and Sports Injury Centre	Suite 104, 66 Baldwin Street Brooklin, ON L1M 0L6 905-655-9781 https://www.brooklinsportsphysio.ca/
Burlington	Burlington Family Health Team **(In-person and/or Virtual programs)**	204-720 Guelph Line Burlington, ON L7R 4E2 289-861-5611 ext. 5512 www.burlingtonfht.com
Burlington	Fairview Chiropractic Clinic **(In-person and/or Virtual programs)**	Fairview Business Park 2289 Fairview Street, Suite 425/426 Burlington, ON L7R 2E3 905-637-9900 www.fairviewchirorehab.com
Burlington	Fit for Life Physiotherapy	Unit 4, 18 Plains Rd W Burlington, ON L7T 0B3 905-333-3488 http://www.fitforlifephysio.ca/
Cambridge	Altum Health UHN	745 Coronation Blvd, Suite 101 Cambridge, ON N1R 0B6 519-622-5885 www.altumhealth.com
Cambridge	Cambridge Physiotherapy & Rehab Center	895 Langs Dr, Unit #2 Cambridge, ON N3H 5T6 226-894-4218 https://cambridgephysio.ca/
Cambridge	Grandview Medical Centre Family Health Team	167 Hespeler Rd, Unit 300 Cambridge, ON N1R 3H7 519-623-4200 x 372 https://www.gmcfht.ca/
Cambridge	Langs Community Health Centre	1145 Concession Road Cambridge, ON N3H 4L5 519-653-1470

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Chatham	Peach Physiotherapy & Wellness Centre	40 Beatty St. Chatham, ON N7M 3V1 519-358-7342 Peachphysio.ca Website: peachphysio.ca
Cobourg	We-Fix-U	727 William St. Cobourg, ON K9A 3A7 905-373-7045
Collingwood	Orthopaedic Sport Institute	500 Ontario Street City Collingwood, ON L9Y 5N7 705-467-0701 ext. 1 https://www.ortho-sport.ca/
Cornwall	Cotton Mill Rehab	705 Cotton Mill St, Suite 113 Cornwall, ON K6H 7K7 613-362-1180
Courtice	Clarington Chiropractic Clinic **(In-person and/or Virtual programs)**	Building D Second floor Unit 205, 1635 Hwy 2 Courtice, ON L1E 2R7 905-433-0449 https://www.claringtonchiro.ca/
Courtice	Townline ChiroPhysio & Foot Clinic	1428 Durham Regional Hwy 2, 2nd Floor Courtice, ON L1E 2J5 289-966-2225 https://www.townlinerehab.com/ Email: info@townlinerehab.com
Dryden	Dryden Regional Health Centre	Physiotherapy Department 58 Goodall Street Dryden, ON P8N 2Z6 807-223-8201 ext. 1265
Etobicoke	Life Force Physiotherapy	16 Four Seasons Place, Unit 106 Etobicoke ON M9B 6E5 416-207-9395 www.lifeforcephysio.com
Fort Frances	Riverside Health Care Facilities Inc.	LaVerendrye Hospital 110 Victoria Ave Fort Frances, ON P9A 2B7 807-274-3261
Geraldton	Geraldton District Hospital	Rehab Dept & Board Room 500 Hogarth Ave Geraldton, ON P0T 1M0 807-854-4115 www.geraldtondh.com

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Goderich	Physiotherapy Alliance Goderich **(In-person and/or Virtual programs)**	Unit 1, 145 Huron Road Goderich, ON N7A 2Z7 519-612-2345 www.physiotherapyalliance.com
Grand Bend	Archway Health and Sports Services - Grand Bend	29 Gill Road Grand Bend, ON N0M 1T0 519-238-1152 https://archwayhealth.ca/
Grand Bend	Grand Bend Area Community Health Centre (GBACHC)	Community Room 69 Main Street East Grand Bend, ON N0M 1T0 519-238-2362 https://gbachc.ca/
Guelph	Eramosa Physiotherapy Associates	Bullfrog Mall 380 Eramosa Rd, Unit 28 Guelph, ON N1L 1P1 519-767-9950 https://eramosaphysio.com/
Guelph	Motion Plus Physiotherapy	Unit 21, 35 Harvard Road Guelph, ON N1G 3A2 519-767-7587 www.motionplusphysio.com
Guelph	Westwood Physiotherapy and Wellness	530, Willow Rd, Room 12 Guelph, ON N1H 7G4 519-341-5161 www.westwoodphysiotherapy.ca
Hamilton	Hamilton Family Health Team - James St. Hub	123 James St N #300 Hamilton, ON L8R 2K8 905-667-4848 https://hamiltonfht.ca/
Hamilton	Revive Physiotherapy	318 Dundurn St. South, Unit 9 Hamilton, ON L8P 2M5 289-941-4878 www.revive-physiotherapy.ca
Hamilton	Wilson Medical Centre	130 Wilson St, Lower Level Hamilton, ON L8R 1E2 905-526-6250
Harriston	McDonald Chiropractic	County Road 109, Room 12 Harriston, ON N0G 1Z0 519-510-5555 https://www.mcdchiro.ca/
Hawkesbury	Hawkesbury & District General Hospital (HGH)	B0 - 142, 1111 Ghislain St Hawkesbury, ON K6A 3G5 613-632-1111 x 53601 www.hgh.ca

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Huntsville	Muskoka MVMT Physiotherapy + Sport Injury Clinic **(In-person and/or Virtual programs)**	Muskoka MVMT 29 Main St E Suite 101 Huntsville, ON P1H 2C6 705-224-6445 www.muskokamvmtclinic.com
Kanata	Pro-Action Health & Performance	308 Palladium Drive, Suite 108 Kanata, ON K2V 1A1 613-505-5000 https://www.proactionsportsclinic.com/
Kapuskasing	Centre de santé communautaire de Kapuskasing	27 Kolb Ave. Kapuskasing, ON P5N 1G2 705-337-1201 http://www.csckap.on.ca
Kemptville	Kemptville Physiotherapy Centre	5900 County Rd 19 Kemptville, ON K0G 1J0 613-258-7661 https://www.kemptvillephysio.com
Keswick	Anchor Health & Fitness	443 Queensway South, Unit 70 Keswick, ON L4P 3J4 905-535-4449 https://www.clinic.anchorhere.ca/
Kincardine	Joint Physiotherapy	Unit 2, 281 Durham Street, Kincardine, ON N2Z 2X9 519-396-2828 https://www.jointpt.com/
Kingston	Best Health Physiotherapy	1329 Gardiner's Rd, Suite 2 Kingston, ON K7P 0L8 613-634-2378
Kingston	Health in Focus Sports Injury and Rehab - East	496 Discovery Ave, Unit 9 (Gym) Kingston, ON K7K 7E9 613-531-4166 https://healthinfocus.ca/
Kingsville	Erie Shores Rehabilitation	375 Main Street East Kingsville, ON N9Y 1A7 519-733-4008
Leamington	Advanced Wellness Centre	10 Talbot Street East Leamington, ON N8H 1L2 519-322-4627 https://theawc.ca/
Little Current	Manitoulin Health Centre	11 Meredith Street PO Box 640 Little Current, ON P0P 1K0 705-368-2300 ext. 2473 Contact: Maria McInnis

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London	Active Rehab	611 Wonderland Road North, Unit 4A London, ON N6H 4V6 519-657-3888
London	Lifemark Physiotherapy Wortley Village	Suite 207, 190 Wortley Rd, London, ON N6C 4Y7 1-519-432-0835 https://www.lifemark.ca/clinics/london/
London	Pro Function	Pro Function Sports Injury Clinic 25 Midpark Crescent London, ON N6N 1A9 519-860-5090 www.profunction.ca
London	ReActive Physiotherapy **(In-person and/or Virtual programs)**	1510 Woodcock Drive, Unit # 1 London, ON N6H 5S1 519-601-5522 https://reactivephysio.com/specialty-services/gladtm-canada-exercise-program/
London	J&V Physiotherapy - Hydepark **(In-Person and/or Virtual Programs)**	Suite 2, 1070 Gainsborough Rd London, ON N6H 5L5 519-200-7041 https://jandvphysiotherapy.com/
London	Shyft – The Physiotherapy Group	Unit E, 310 Wellington Road London, ON N6C 4P4 519-439-6111 www.profunction.ca
Maple	Biophysio Rehabilitation Clinic **(In-person and/or Virtual programs)**	100 - 2389 Major Mackenzie Dr. W Maple, ON L6A 3Z2 905-553-7717
Manitouwadge	Santé Manitouwadge Health	Rehabilitation Department 1 Health Care Cres Manitouwadge, ON P0T 2C0 807-826-3251 www.mh.on.ca
Manotick	Manotick PhysioWorks	1160 Beaverwood Road, Unit A12 Manotick, ON K4M 1A3 613-692-1847 https://www.manotickphysioworks.ca
Marathon	North of Superior Healthcare Group - Wilson Memorial General Hospital Site	Physiotherapy Department 26 Peninsula Road Marathon, ON P0T 2E0 807-229-1740 ext. 253 www.nosh.ca

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Markdale	South East Grey Community Health Centre **Program for rostered patients only	55 Victoria Ave, Markdale, ON N0C 1H0 519-986-2222 https://www.segchc.ca/
Markham	HealthyToDos Markham Health & Rehab Clinic **(In-person and/or Virtual programs)**	Unit 102, 4581 Highway 7 Markham, ON L3R 1M6 289-554-9919 https://healthytodos.com
Markham	Healing Touch Rehabilitation Centre Inc. **(In-person and/or Virtual programs)**	7-6899 14th Avenue Markham, ON L6B 0S2 905-201-7022 Healingtouchrehab.com
Markham	Sync Move Rehab Centre **(In-person and/or Virtual programs)**	Suite 206, 8220 Bayview Ave., Markham, ON L3T 2S2 416-966-5582 https://syncmove.ca/
Milton	Escarpment Sports Medicine Centre	450 Bronte St. S., Suite 104 Milton, ON L9T 8T2 905-864-9945 https://escarpmentsportsmed.ca/
Milton	Halton Community Rehabilitation Centre	17 Wilson Drive, Unit 12 Milton, ON L9T 3J7 905-876-1515 www.hcrc.ca
Mississauga	ARC Physio Health	2520 Eglinton Ave West, Unit 5 Mississauga, ON L5M 0Y4 905-997-0113 https://arcphysiohealth.ca/
Mississauga	Clarkson Sports and Physiotherapy **(In-person and/or Virtual programs)**	1400 Lakeshore Rd. W. Mississauga, ON L5J 1J1 905-855-8372 https://clarksonphysio.ca/
Mississauga	Delta Physiotherapy & Rehab	Unit 16, 2400 Dundas Street West, Mississauga, ON L5K 2R8 905-822-9898 https://www.deltaphysiotherapy.ca/
Mississauga	Delta Physiotherapy & Rehab	Unit 38, 325 Central Parkway W, Mississauga, ON L5B 3X9 905-270-3086 https://www.deltaphysiotherapy.ca/
Mississauga	Gina Peixoto **(In-Home Visits/Virtual Programs)**	Mississauga, ON 416-535-2200

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Mississauga	INNOVA Integrated Wellness Centre **(In-person and/or Virtual programs)**	RTD Building/INNOVA Integrated Wellness Centre Unit 8, 49 Queen Street South, Mississauga, ON L5M 1K5 905-814-9355 https://innovaintegratedwellness.ca/
Mississauga	Natural Touch Rehabilitation Centre	914 Burnhamthorpe Rd Mississauga, ON L5C 2S3 905-281-8247 www.naturaltouchrehabilitation.com
Mississauga	PhysioCare & Rehab (Grand Park Plaza)	719 Central Parkway West, Suite 205 Mississauga, ON L5B 4L1 905-272-0909 https://www.physiocare.ca/
Mississauga	Progressive Rehab **(In-person and/or Virtual programs)**	3221 Derry Rd. W., Unit 20 Mississauga, ON L5N 7L7 905-970-8100 ext. 1 www.progressiverehab.ca
Mississauga	The Mississauga Physiotherapy and Orthopedic Center	33 City Centre Dr, Suite 420 Mississauga, ON L5B 2N5 289-724-2007 https://www.mississauga-physiotherapy-orthopedic.ca/
Mississauga	The Movement Lab	3611 Mavis Road, Unit 11, Mississauga, ON L5C 1T7 647-323-3862 www.themovementlab.club
Mississauga	Triangle Physiotherapy Erin Mills Inc.	2520 Eglinton Ave W, Suite 205 Mississauga, ON L5M 0Y5 905-677-8585 www.trianglephysiotherapy.com
Napanee	RFLA Allied Helath Team	310 Bridge Street West, Suite G1 Napanee, ON K7R 0A4 613-354-3301 ext. 688 https://kchc.ca/napanee/rural-frontenac-lennox-and-addington-allied-health-team/
Newbury	Four Counties Health Services **(In-person and/or Virtual programs)**	1824 Concession Drive Newbury, ON N0L 1Z0 519-693-4441 https://mhalliance.on.ca/about/about-four- counties-health-services/

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Newmarket	Align Health Centre	Unit 5, 611 Steven Court Newmarket, ON L3Y 6Z3 905-953-1008 https://alignyourhealth.ca/
Newmarket	Crossfit Newmarket Central	125 Harry Walker Pkwy Newmarket, ON L3Y 7B3 289-802-2221 https://crossfitnewmarketcentral.com/
Newmarket	iam Physiotherapy Clinic - The Meadows of Aurora **(In-person and/or Virtual programs)**	440 William Graham Drive Aurora, ON L4G 1X5 289-319-3090 https://iamphysioclinic.com/
Newmarket	Sports Medicine Centre of Excellence	Suite 24, 17665 Leslie Street Newmarket, ON L3Y 3E3 289-319-3090
Newmarket	York Rehab	730 Davis Dr, Unit 1 Newmarket, ON L3Y 2R4 289-796-1155 http://www.yorkrehab.com/
Nipigon	Nipigon District Memorial Hospital	Physiotherapy Department 125 Hogan Road Nipigon, ON P0T 2J0 807-887-3026 ext. 1253/1252
Nobleton	Nobleton Physiotherapy	13085 Highway 27, Unit 2 Nobleton, ON L0G 1N0 905-859-6708 www.nobletonphysiotherapy.ca
North Bay	Body Back In Motion **(In-Person and/or Virtual Programs)**	Suite 101, 400 Main St. W., North Bay, ON P1B 2V2 705-840-2502 https://www.bodybackinmotion.com/
North Bay	Cor Maximus	1501 Seymour St North Bay, ON P1A 0C5 705-476-8888 https://cormaximus.com/
North Bay	Symetrics **(In-person and/or Virtual programs)**	510 Main St East North Bay, ON P1B 1B8 705-497-1975 www.symetricsonline.com
North York	Canadian Active Rehabilitation Centre	1448 Lawrence Ave E North York, ON M4A 2V6 416-288-0222 http://www.carcrehab.ca/

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North York	Physiomobility Don Mills **(In-person and/or Virtual programs)**	6 Maginn Mews, Suite 211 CF Shops at Don Mills North York, ON M3C 0G9 416-444-4800 https://www.physiomobility.com/
North York	Pure Motion Centre	4789 Yonge Street, Unit 1205 North York, ON M2N 5M5 416-901-7873 www.puremotioncentre.com
Oakville	Altum Health	519 Dundas Unit 6/7 Oakville, ON L6M 1L9 905-257-0073 www.altumhealth.com
Oakville	BeActive Physio	240 Wyecroft Rd, Unit 101 Oakville, ON L6K 2G7 905-849-9119 http://beactivephysio.ca
Oakville	CMCC Bronte Harbour Chiropractic Clinic (In-person and/or Virtual programs)	2290 Lakeshore Rd W Oakville, ON L6L 1C2 905-825-2011 www.cmcc.ca
Oakville	Dr. Theresa Valley, Chiropractor **(In-person and/or Virtual programs)**	402 Bonny Meadow Rd Oakville, ON L6J 6H1 647-780-8354 drvalleychiropractor.com
Oakville	Global Health Physio Inc. Oakville	266 Harold Dent Trail Oakville, ON L6M 1S1 905-257-3456 https://www.globalhealthphysio.ca/
Oakville	Oakville Trafalgar Memorial Hospital	Outpatient Rehab 3001 Hospital Gate, Oakville, ON L6M 0L8 905-845-2571 x 5638
Oakville	Physio Sport Med of Oakville	Unit 104, 231 Oak Park Blvd Oakville, ON L6H 7S8 905-257-3456 https://physiosportmed.ca/index.html
Oakville	Royal Rehab Physio Oakville **(In-person and/or Virtual programs)**	Unit B, 2450 Old Bronte Rd Oakville, ON L6M 5P6 289-667-2323 https://royalrehabphysio.ca/

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Oakville	Trillium Health Partners Insight Health Solutions	2381 Bristol Circle, Unit 102 Oakville, ON L6H 5S9 905-813-4187 https://www.insighthealthsolutions.com
Oakville	Triangle Physiotherapy Oakville	2501 Prince Michael Drive, Unit 2 Oakville, ON L6H 0E9 905-257-3334 www.trianglephysiotherapy.com
Orangeville	Eramosa Physiotherapy Associates **(In-person and/or Virtual programs)**	41 Broadway Ave Orangeville, ON L9W 1J7 519-940-8993 https://eramosaphysio.com/our-locations/orangeville
Orangeville	Healthwise Physiotherapy	48 Centennial Rd #18 Orangeville, ON L9W 3T4 519-942-8884
Orangeville	Village Chiropractic	41 Broadway Ave Orangeville, ON L9W 1J7 519-938-9200 villagechiropractors.ca
Orillia	Couchiching Family Health Team **Requires a referral from CFHT primary care provider to participate in GLA:D program	119 Memorial Ave, Suite 102 Orillia, ON L3V 6N6 705-329-3649 www.cfht.ca
Orillia	Lake Country Physiotherapy	7B Progress Drive Orillia, ON L3V 0T7 705-327-7876 www.lakecountryphysio.com
Orillia	Mariposa Physiotherapy & Rehabilitation	Unit #3, 8 Westmount Drive South Orillia, ON L3V 6C9 705-327-0008 www.mariposaphysio.ca
Orillia	Miller Health Center	126 Mississaga St. E Orillia, ON L3V 1V7 705-327-5400 https://millerhealth.ca/
Orléans	Bellefleur Physiotherapy	3095 St. Joseph Blvd, Unit 511 Orléans, ON K1E 3W6 613-424-7852
Orléans	CN Physiotherapy - Orléans	7766 Jeanne D'Arc Blvd N Orléans, ON K1C 2R5 613-834-5552 http://www.cnphysiotherapy.ca/

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Oshawa	Oshawa Chiropractic & Physiotherapy Wellness	549 King St. East Oshawa, ON L1H 1G3 289-274-7880 www.oshawawellness.com
Oshawa	MN Physiotherapy Clinic	50 Richmond St. E., Suite 111 Oshawa, ON L1G 7C7 905-571-1921 www.mnphysiotherapy.ca
Oshawa	TOP Rehab Inc.	1288 Ritson Rd, Suite 11 Oshawa, ON L1G 7Z9 905-436-2722 www.toprehab.ca
Ottawa	Action Potential Rehabilitation	2081 Merivale Rd, Unit 300 Ottawa, ON K2G 1G9 613-680-6400 www.actionpotentialrehab.ca
Ottawa	BackTracks Health Centre **(In-person and/or Virtual programs)**	295-955 Green Valley Crescent Ottawa, ON K2C 3V4 613-596-0646 www.bktracks.ca
Ottawa	CBI Health Carlingwood **(In-person and/or Virtual programs)**	Unit 105, 2249 Carling Ave Ottawa, ON, K2B 7E9 343-588-2283 https://www.cbihealth.ca/locations/ottawa-carlingwood
Ottawa	Chartier Physiotherapie **(In-person and/or Virtual programs)**	1 - 305 Wilbrod Street Ottawa, ON K1N 6M3 613-680-3993 www.chartierphysio.ca
Ottawa	CN Physiotherapy - Ottawa	3029 Carling Avenue, Suite G4 Ottawa, ON K2B 8E8 613-455-0262 www.cnphysiotherapy.ca
Ottawa	Expert Physio Plus	2666 Innes Rd, Suite A Ottawa, ON K1B 4Z5 613-800-9800 www.expertphysioplus.com
Ottawa	PhysioFirst Orthopaedic and Sports Centre **(In-person and/or Virtual programs)**	5307 Canotek Rd. Ottawa, ON K1J 9M2 613-749-0282 www. physiofirstottawa.com
Ottawa	Physio Sport Plus	1-1190 Place d'Orleans Dr. Ottawa, ON K1C 7K3 613-830-4806 www.physiosporplus.ca

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Ottawa	Ottawa Health: Performance and Rehabilitation	1535 Bank Street, Unit B Ottawa, ON K1H7Z1 613-728-9414 www.ottawahealth.ca
Ottawa	Stittsville Sport Physio **(In-person and/or Virtual programs)**	2-1339 Stittsville Main Street Ottawa, ON K2S 1C6 613-435-9100
Parry Sound	Level Health (In-person and/or Virtual programs)	Gym, 17 John St Parry Sound, ON P2A 1R6 705-773-2387 www.levelhealth.ca
Palmerston	Minto-Mapleton Family Health Team* *Offers the GLA:D program to patients that have a Doctor or Nurse Practitioner in Clifford, Drayton, Palmerston and Harriston	Minto Rural Health Centre 450 Whites Road, Suite 100 Palmerston, ON N0G 2P0 613-638-2110
Pembroke	Physio In The Valley	1191 Pembroke St E. Pembroke, ON K8A 7R6 613-635-4777 https://physiointhevalley.ca/
Peterborough	We-Fix-U	1500 Lansdown St. West Peterborough, ON K9J 2A2 705-270-0606
Pickering	Duffins Creek Health Centre	1883 Kingston Road Pickering, ON L1V 1 C9 905-428-9370 https://www.dchealthcentre.com/
Point Edward	Cross Works Physiotherapy - Point Edward	611 St. Clair Street Point Edward, ON N7V 1P2 519-491-7273 www.crossworksphysio.ca
Port Elgin	Bruce County Chiropractic and Rehabilitation Center	5098 Hwy 21, Port Elgin, ON N0H 2C5 519-832-6688 https://brucecountychiropracticclinic.co
Renfrew	Renfrew Chiropractic & Rehabilitation Centre	1 Ma-te-Way Park Drive, Suite 254 Renfrew, ON K7V 4J4 613-431-7272 www.renfrewchiropractic.com
Richmond Hill	Premier Care Physiotherapy	A106 - 11685 Yonge Street Richmond Hill, ON L4E 0K7 905-237-7174

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Sarnia	Archway Health and Sport Services **(In-person and/or Virtual programs)**	1679 London Road Sarnia, ON N7W 181 519-541-0394 www.archwayhealth.ca
Sarnia	Elevate Healthcare	7A-49 Finch Dr. Sarnia, ON N7S 5C6 519-330-9271 https://elevatehealthcare.ca/
Sarnia	Motus Chiropractic and Rehabilitation Centre **(In-person and/or Virtual programs)**	1389 Colborne Rd Sarnia, ON N7V 3L8 519-332-4222 www.motus.care
Sarnia	Sport and Spine Physiotherapy	1152 London Road Sarnia, ON N7S 1P4 519-337-8881 http://www.sportandspinephysio.ca
Sault Ste. Marie	Aline Wellness	542 Queen Street E Sault Ste Marie, ON P6A 2A1 www.alinewellness.com
Sault Ste. Marie	Lake Superior Physiotherapy	116 Spring Street Sault Ste. Marie, ON P6A 3A1 705-254-1399 www.lakesuperiorphysiotherapy.com
Sault Ste. Marie	Northern Chiropractic and Physiotherapy	683a Great Northern Road Sault Ste. Marie, ON P6B 5A1 705-575-6131 www.northernchirophysio.com
Sault Ste. Marie	Spark Rehabilitation, Back in Motion	589 Second Line E. Sault Ste. Marie, ON P6B 4K2 705-253-2354 www.sparkrehabilitation.ca www.backinmotion.ca
Scarborough	Healing Touch 3 Inc. **(In-person and/or Virtual programs)**	114-1585 Markham Road Scarborough, ON M1B 2W1 416-292-2101 Healingtouchrehab.com
Scarborough	Plane Tree Healthcare Inc	7 Progress Ave, Unit 4 Scarborough, ON M1P 5A3 416-292-0055 www.planetree.ca
Scarborough	Providence Healthcare	3276 St. Clair Avenue East Scarborough, ON M1L 1W1 416-285-3666 Ext. 4000 www.providence.on.ca

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Seaforth	Irwin Physiotherapy	100 Main Street South Seaforth, ON N0K 1W0 519-527-1551 www.irwinphysiotherapy.com
Sioux Lookout	Sioux Lookout Meno Ya Win Health Centre	Rehabilitation Department, Po Box 909, 1 Meno Ya Win Way Sioux Lookout, ON P8T 0A7 807-737-3030 www.slmhc.on.ca
Smiths Falls	Perth and Smiths Falls District Hospital	Smiths Falls Site 60 Cornelia Street West Smiths Falls, ON K7A 2H9 613-283-2330 ext. 2116
St. Catharines	St. Catharines Physiotherapy Centre - A facility of Lifemark	4A-145 Carlton Street Lake-Carlton Plaza St.Catharines, ON L2R 1R5 905-685-4733
St. Thomas	Family Health Options	133 Curtis St. St. Thomas, ON N5P 1J4 519-637-7778 www.familyhealthoptions.ca
St. Thomas	Talbot Trail Physiotherapy	195-1 Silver St. St. Thomas, ON N5P 4L8 519-914-0793 www.TalbotTrailPhysiotherapy.ca
Stittsville	Motion Works Physiotherapy Stittsville	1250 Stittsville Main St, Unit C1-2 Stittsville, ON K2S 1S9 613-831-4054 https://www.mwphysiostittsville.com/site/home
Strathroy	Damen Optimal Health Team **(In-person and/or Virtual programs)**	8 Front St. East Strathroy, ON N7G1Y4 519-205-0329 https://damenoptimalhealth.com/
Strathroy	Strathroy Middlesex General Hospital **(In-person and/or Virtual programs)**	Unit # 14, 51 Front Street East Strathroy, ON N7G 3J4 519-245-1550 www.mhalliance.on.ca
Sudbury	Back 2 Health Rehabilitation Centre	2354 Long Lake Road, Unit E Sudbury, ON P3E 5H5 705-586-2225
Sudbury	Health Tweak	1322 Martindale Rd Sudbury, ON P3G 4J5 705-222-6983

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Sudbury	Kinnect to Wellness	1780 Regent Street Sudbury, ON P3E 3Z8 705-522-9393 www.kinnecttowellness.ca
Sudbury	Move Medicine **(In-person and/or Virtual programs)**	1280 Lasalle Blvd, Unit 202 Sudbury, ON P3A 1Y8 705-222-8889 www.movemedicine.ca
Sunderland	Brock Chiropractic and Rehabilitation	Sunderland Town Hall, Banquet Room 120 River St. Sunderland, ON L0C 1H0 705-432-2355 www.brockcr.ca
Sunderland	Brock Chiropractic and Rehabilitation	Strong Roots Yoga 5 Church St. N. Sunderland, ON L0C 1H0 705-432-2355 www.brockcr.ca
Tecumseh	Lifemark Tecumseh & Manning	25 Amy Croft Drive, Unit #27 Tecumseh, ON N9G 3B8 519-739-6061 www.lifemark.ca
Terrace Bay	McCausland Hospital	Physiotherapy Department, 20B Cartier Rd, Terrace Bay, ON P0T 2W0 807-825-2200 www.nosh.ca
Thornhill	PhysioFlow Clinic	7368 Yonge St., Unite 1A Thornhill, ON L4J 8H9 905-889-1515 https://www.physioflow.ca/
Thornhill	Vaughan Physiotherapy Clinic **(In-person and/or Virtual programs)**	Suite 201, 398 Steeles Avenue West Thornhill, ON L4J 6X3 905-669-1221 www.vaughanphysiotherapy.com
Toronto	ALPHA Health Services - East **(In-person and/or Virtual programs)**	14 St Matthews Rd, Unit G.008 Toronto, ON M4M 2B5 647-670-3454 www.alphahealthservices.ca
Toronto	Andre Gordon Fitness **(In-person and/or Virtual programs)**	108-22 Shallmar Blvd. Toronto, ON M5N 2Z8 705-331-1506 www.andregordonfitness.com

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Toronto	Annex Clinic	187 Madison Avenue Toronto, ON M5R 2S6 416-961-5571
Toronto	Bayview Physiotherapy & Sports Medicine Clinic Inc. **(In-person and/or Virtual programs)**	Bayview Physiotherapy/Pure Business 20 Brentcliffe Road, Suite 4 Toronto, ON M4G 0C6 437-880-5530 www.bayviewphysio.ca
Toronto	Black Creek Community Health Centre **(In-person and/or Virtual programs)**	Suite 202, 1 Yorkgate Blvd. Toronto, ON M3N 3A1 416-246-2388 www.bcchc.com
Toronto	Bloor Jane Physiotherapy and Active Rehabilitation **(In-person and/or Virtual programs)**	2425 Bloor Street W, Suite 212 Toronto, ON M6S 4W4 416-766-2050 www.bloorjanephysio.com
Toronto	Bloor West Village Chiropractic and Rehab	783 Annette St Toronto, ON M6S 2E4 416-766-0304 www.bloorwestchiropractic.com
Toronto	Braithwaite Physiotherapy	840-151 Bloor St. West Toronto, ON M5S 1S4 647-348-7700 yorkvillephysiotherapy.com
Toronto	Centre of Arthritis Excellence (CArE) **(In-person and/or Virtual programs)**	108-465 Davis Drive Newmarket, ON L3Y 7T9 905-235-9990 www.carearthritisteam.ca
Toronto	Circle Care Physiotherapy & Health Group **(In-person and/or Virtual programs)**	1000 Gerrard St. E. Gerrard Square, Unit D13A Toronto, ON M4M 3G6 416-461-9299 Email: letschat@circlecare.ca https://www.circlecare.ca/
Toronto	Complete Balance Health Centre **(In-person and/or Virtual programs)**	2896 Bloor Street West Toronto, ON M8X 1B5 416-769-1163 www.completebalancehealth.com
Toronto	Cleveland Clinic Canada - Toronto Inc. **(In-person and/or Virtual programs)**	150 Eglinton Ave E, 5th and 8th Floor Toronto, ON M4P 1E8 416-507-6600 ext. 1 https://my.clevelandclinic.org/locations/directions/471-cleveland-clinic-canada-midtown

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Toronto	CN Physiotherapy **(In-person and/or Virtual programs)**	3029 Carling Avenue, Suite G4 Ottawa, ON K2B 8E8 613-455-0262 www.cnphysiotherapy.ca
Toronto	CMCC Campus Clinic **(In-person and/or Virtual programs)**	6100 Leslie St Toronto, ON M2H 3J1 416-482-2546 www.cmcc.ca
Toronto	CMCC Rekai Centre **(In-person and/or Virtual programs)**	160 Wellesley St. E. Toronto, ON M4Y 1J2 416-324-4166 www.cmcc.ca
Toronto	Davisville Yonge Clinics **(In-person and/or Virtual programs)**	124 Merton St, Suite 503 Toronto, ON M4S 2Z2 416-481-6100
Toronto	Dovigi Orthopaedic Sports Medicine Clinic - Sinai Health	600 University Ave. 20th Floor, Room 450 Toronto, ON M5G 1X5 416-619-5546 https://www.mountsinai.on.ca/wellbeing/re hab-and-wellbeing-centre
Toronto	Dundas University Health Clinic **(In-person and/or Virtual programs)**	438 University Ave. Suite 104 and 1816 Toronto, ON M5G 2K8 416-598-4999 http://duhc.ca
Toronto	East End Community Health Centre	1619 Queen Street East Toronto, ON M4L 1G4 416-778-5858 www.eastendchc.on.ca
Toronto	East Toronto Orthopaedic & Sports Injury Clinic **(In-person and/or Virtual programs)**	1577 Danforth Avenue, Unit 4 Toronto, ON M4C 1H7 416-691-3943
Toronto	Eisenhauer and Smith Physiotherapy	1711 Avenue Road, Unit 3 Toronto, ON M5M 3Y5 416-781-3552 www.esphysiotherapy.ca
Toronto	LiveActive Sport Medicine	MasterCard Centre 400 Kipling Avenue Toronto, ON M8V 3L1 416-201-9777
Toronto	One Step Ahead Mobility **(In-person and/or Virtual programs)**	2790 Bathurst Street Toronto, ON M6B 3A5 416-783-7175 https://www.onestepaheadmobility.com

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Toronto	PhysioPlus Health Group	2489 Bloor St W, Suite 102 Toronto, ON M6S 1R6 437-747-6236
Toronto	Rebalance Sports Medicine - Yonge & Adelaide **(In-person and/or Virtual programs)**	110 Yonge St, Suite #905 Toronto, ON M5C 1T4 416-777-9999 https://rebalancetoronto.com/
Toronto	Rosedale Wellness Centre	120 Bloor Street East, Suite 105 Toronto, ON M4W 1B7 416-975-0499
Toronto	St. George Physiotherapy Clinic **(In-person and/or Virtual programs)**	180 Bloor St West, Suite 1202 Toronto, ON M5S 1V6 416-921-4587 www.stgeorgephysio.ca
Toronto	Strive Physiotherapy and Sports Medicine **(In-person and/or Virtual programs)**	RioCan, Young and Eglinton 2300 Yonge St, Suite 1604 Toronto, ON M4P 1E4 416-486-4776 www.striveto.ca
Toronto	Suzie Foreman Physiotherapy **(In-person and/or Virtual programs)**	22 Shallmar Blvd, Unit 108 Toronto, ON M5N 2Z8 705-331-1506 www.suzieforemanphysiotherapy.com
Toronto	The Chiropractic & Health Associates Clinic **(In-person and/or Virtual programs)**	1150 Yonge St, 2nd Floor Toronto, ON M4W 2L9 416-924-0777 www.healthassociates.ca
Toronto	The Hub (TNO- The Neighbourhood Organization)	200 - Fitness Room, 45 Overlea Blvd. Toronto, ON M4H 1C3 416-421-3054 https://tno-toronto.org/
Toronto	TO Kinesiology	Unit D, 115 Wolseley Street, Toronto, ON M6J 1K1 647-393-1337 https://www.tokinesiology.ca/
Toronto	Triangle Physiotherapy Lawrence Park	2715 Yonge Street Toronto, ON M4N 2H8 416-203-8622 www.trianglephysiotherapy.com
Toronto	Trilogy Physiotherapy (Downtown) **(In-person and/or Virtual programs)**	366 Adelaide St. East, Suite 101 Toronto, ON M5A 3X9 416-504-8383 www.mytorontophysio.com

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Tottenham	F. Abel Physiotherapy Professional Corp	AbCore Physiotherapy & Sports Rehab 120 Mill St. East, Unit 4 Tottenham, ON L0G 1W0 905-936-2846 www.abcorephysiotherapy.com
Vaughan	BodyWorx Vitality **(In-person and/or Virtual programs)**	Unit 90-92, 3570 Rutherford Road, Vaughan, ON L4H 3T8 905-553-5900 https://bodyworxvitality.com/
Vaughan	SPINEgroup **(In-person and/or Virtual programs)**	7611 Pine Valley Drive, Unit 1 Vaughan, ON L4L 0A2 905-850-7746 www.spinegroup.ca
Vaughan	The Pain and Wellness Centre **(In-person and/or Virtual programs)**	101 - 2301 Major Mackenzie Dr. Vaughan, ON L6A 3Z3 1 -800-597-5733 www.thepwc.ca
Waterloo	Depth Training & Physiotherapy	408 Albert Street Waterloo, ON N2L 3V3 226-748-9494 www.depthtraining.ca
Waterloo	Enhanced Wellness Studio	470 Weber Street North, Suite 205C Waterloo, ON N2L 6J2 519-954-5556 info@enhancedwellness.ca
Waterloo	New Era Wellness Chiropractic **(In-person and/or Virtual programs)**	Suite 400, 435 The Boardwalk Waterloo, ON N2T 0C2 519-571-8321 https://www.newerawell.ca/
Welland	Zero Gravity Physiotherapy	200 Fitch Street, Unit DL3C 2S2 Welland, ON L3C 4V9 905-735-6006
Windsor	Lifemark Dougall & Ouellette	2570 Dougall Ave. Windsor, ON N8X 1T6 519-966-6900
Windsor	Sorella Women's Wellness **(In-person and/or Virtual programs)**	7900 Anchor Drive Windsor, ON N8N 5E5 226-769-0077 www.sorellawomenswellness.ca/
Windsor	Western Ontario Sports Injuries & Rehabilitation Centre **(In-person and/or Virtual programs)**	400 Cabana Rd. E. Windsor, ON N9G 1A3 519-972-6230
Woodbridge	Chiropractic Health Care Centre	7845 Kipling Avenue Woodbridge, ON L4L 1Z4 905-851-6848

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Woodbridge	Core Health Care	Unit 5, 40 Innovation Drive Woodbridge, ON L4H 0T2 905-851-2444 https://www.corecare.ca/