List of GLA:D™ Canada Clinics - British Columbia

GLA:D™ CANADA

City/Town	Site	Address
Burnaby	Expert Physio	Scotia Barn (Formerly known as 8 Rinks) 6501 Sprott Street, Suite 1, Burnaby, BC V5B 3B8 604-294-3376
Burnaby	Metrotown Orthopaedic and Sports Physiotherapy Clinic	4789 Kingsway, Suite 350 Burnaby, BC V5H 0A3 604-430-3066
Chilliwack	Rebalance Rehab **(In-Person and/or Virtual Programs)**	45719 Ontario Avenue Chilliwack, BC V2P 6S8 604-799-3080 https://www.rebalancerehab.ca/
Cobble Hill	Thrive Now Physiotherapy	1400 Cowichan Bay Road, Suite #59 Cobble Hill, BC V0R 1L3 250-743-3833 www.thrivenowphysio.com
Comox	Origin Integrated Health **(In-person and/or Virtual programs)**	1261 Noel Ave, Unit 2 Comox, BC V9M 4A3 250-941-2211 https://www.originintegratedhealth.com/comox-valley
Coquitlam	Manhas Health Co	101 1106 Austin Ave. Coquitlam, BC V3K 3P5 604-937-5953 www.manhashealth.com
Courtenay	Fresh Tracks Physiotherapy	1978 Cliffe Ave., Unit 205 Courtenay, BC V9N 2L1 250-871-7177 www.freshtracksphysio.ca
Gabriola Island	Form Physiotherapy - Gabriola Island **(Virtual program only)**	604-708-4762 www.formphysiotherapy.com
Kamloops	ONLINE **(Virtual program only)**	647-862-6919 www.SimplyHS.ca
Kamloops	City of Kamloops Tournament Capital Center **(In-person and/or Virtual programs)**	910 McGill Rd Kamloops, BC V2C 6N6 250-828-3698 www.kamloops.ca/register

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Ladysmith	Active Solutions Health + Sports	12 Roberts Street, PO Box 881 Ladysmith, BC V9G 1A8 250-924-4025 www.activesolutionshealth.ca
Nanaimo	Island Integrative Health	104 Front Street Nanaimo, BC V9R 5H7 250-754-0887 https://islandintegrativehealth.ca/
New Westminster	New West Sports Medicine - Physiotherapy	B1 – 65 Richmond Street New Westminster, BC V3L 5P5 604-526-1886 https://nwsm.ca/
North Vancouver	North Shore Sports Medicine - Brooksbank **(In-Person and/or Virtual programs)**	104 - 340 Brooksbank Avenue North Vancouver, BC V7J 2C1 604-973-0242 www.nssm.ca
North Vancouver	North Vancouver Recreation & Culture Commission	Harry Jerome Community Recreation Centre, 130 East 23rd Street North Vancouver, BC V7L 3E2 604-987-7529 https://www.nvrc.ca/fitness-services
Smithers	Alpine Phyisotherapy ***Note:*** *Group classes will be held at the Smithers Christian Reformed Church. The church is less than 1 km away from the clinic.*	1268 Main Street Smithers, BC V0J 2N0 250-877-6966 https://alpinephysiotherapy.com/
Squamish	Lifemark Squamish	38247 Cleveland Avenue Squamish, BC V8B 0B4 604-898-1009 https://www.lifemark.ca/clinics/squamish/squamish-cleveland-ave?serviceId=&locationId=&brand=1&locale=en&utm_source=google&utm_medium=cpc&utm_content=194473207363&utm_campaign=2369383727
Qualicum Beach	Brightside Physiotherapy	425 Mill Rd. Qualicum Beach, BC V9K 1J3 250-752-8471 www.brightsidephysio.com
Vancouver	Burrard Physiotherapy	1190 Hornby St., Suite 702 Vancouver, BC V6Z 2K5 604-684-1640 www.burrardphysiotherapy.com

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Vancouver	Catch Physio and Wellness Clinic **(In-person and/or Virtual programs)**	Renfrew Centre 2880 Bradfield Court Vancouver, BC V5M 0E3 604-423-2880 www.catchwellness.ca
Vancouver	Chipperfield Mobile Physio & Wellness	351 W 20th Ave. Vancouver, BC V5Y 2C5 604-828-2610 www.chipperfieldphysio.ca
Vancouver	Creekside Community Centre	1 Athletes Way, Multipurpose Room 3 Vancouver, BC V5Y 0B1 604-404-9695 https://anc.ca.apm.activecommunities.com/vancouver/home?onlineSiteId=0&from_original_cui=true
Vancouver	Form Physiotherapy **(In-person and/or Virtual programs)**	601 West Broadway, Unit 16 Vancouver, BC V5Z 4C2 604-708-4762 www.formphysiotherapy.com
Vancouver	Physiolab Little Mountain **(In-person and/or Virtual programs)**	181 E 41st Ave Vancouver, BC V5W0E2 604-585-2828 https://www.thephysiolab.ca/physiolab-little-mountain/
Vancouver	UBC Physical Therapy & Research Clinic	Friedman Building, Room 244 2177 Wesbrook Mall Vancouver, BC V6T 1Z3 604-827-6959 https://physioclinic.med.ubc.ca
Vancouver	VanCity Physio Fairview **(In-Person and/or Virtual Programs)**	Unit 201, 1416 W 8th Avenue Vancouver, BC V6H 1E1 604-398-5584 https://vancityphysio.com
Vernon	Damini Physiotherapy and Sports Injury **(In-person and/or Virtual programs)**	3301 24th Avenue, Unit #203 Vernon, BC V1T 9S8 250-545-2335 https://www.daminiphysio.ca/
Victoria	PhysioPlus **(In-person and/or Virtual programs)**	#103 - 777 Blanshard Street Victoria, BC V8W 2G9 250-220-7205 www.physioplusvictoria.com

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Victoria	UpLevel Physiotherapy	Saanich Commonwealth Place 4636 Elk Lake Drive Victoria, BC V8Z 5M1 250-475-7630 www.uplevelphysio.ca (clinic) www.saanich.ca (Municipality; facility info)
West Vancouver	West Vancouver Community Centre	Aquatic Centre Weight Room 2121 Marine Dr. West Vancouver, BC V7V 4Y2 604-921-2169 https://www.westvancouverrec.ca/