

Managing Hip and Knee Osteoarthritis

SEMINAR SERIES 2026

REGISTER for Education Sessions Fall 2026

Repeat 2-part 60-minute sessions

September

Tuesday, September 15 at 1 pm – 2 pm ET

Tuesday, September 22 at 1 pm – 2 pm ET

October

Tuesday, October 13 at 1 pm – 2 pm ET

Tuesday, October 20 at 1 pm – 2 pm ET

November

Tuesday, November 3 at 1 pm – 2 pm ET

Tuesday, November 10 at 1 pm – 2 pm ET

There is no fee to register!

To register, visit the registration page on the GLA:D website here:

**[Managing Hip and Knee Osteoarthritis Education Sessions:
Registration Page – GLA:D Canada](#)**

Registration will remain open until the day before each seminar.
After registering, you will receive a confirmation email containing
information about joining the meeting.

LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

If you have any difficulties with registering for the sessions,
please contact GLA:D Canada at gladcanada@uhn.ca

