

List of GLA:D™ Canada Clinics - British Columbia



City/Town	Site	Address
Burnaby	Metrotown Orthopaedic and Sports Physiotherapy Clinic	4789 Kingsway, Suite 350 Burnaby, BC V5H 0A3 604-430-3066
Cobble Hill	Thrive Now Physiotherapy	1400 Cowichan Bay Road, Suite #59 Cobble Hill, BC V0R 1L3 250-743-3833 <a href="http://www.thrivenowphysio.com">www.thrivenowphysio.com</a>
Comox	Origin Integrated Health <b>(In-person and/or Virtual programs)</b>	1261 Noel Ave, Unit 2 Comox, BC V9M 4A3 250-941-2211 <a href="https://www.originintegratedhealth.com/comox-valley">https://www.originintegratedhealth.com/comox-valley</a>
Coquitlam	Manhas Health Co	101 1106 Austin Ave. Coquitlam, BC V3K 3P5 604-937-5953 <a href="http://www.manhashealth.com">www.manhashealth.com</a>
Courtenay	Fresh Tracks Physiotherapy	1978 Cliffe Ave., Unit 205 Courtenay, BC V9N 2L1 250-871-7177 <a href="http://www.freshtracksphysio.ca">www.freshtracksphysio.ca</a>
Gabriola Island	Form Physiotherapy - Gabriola Island <b>(Virtual program only)</b>	604-708-4762 <a href="http://www.formphysiotherapy.com">www.formphysiotherapy.com</a>
Kamloops	ONLINE <b>(Virtual program only)</b>	647-862-6919 <a href="http://www.SimplyHS.ca">www.SimplyHS.ca</a>
Ladysmith	Active Solutions Health + Sports	12 Roberts Street, PO Box 881 Ladysmith, BC V9G 1A8 250-924-4025 <a href="http://www.activesolutionshealth.ca">www.activesolutionshealth.ca</a>
Nanaimo	Island Integrative Health	104 Front Street Nanaimo, BC V9R 5H7 250-754-0887 <a href="https://islandintegrativehealth.ca/">https://islandintegrativehealth.ca/</a>
New Westminister	New West Sports Medicine - Physiotherapy	B1 – 65 Richmond Street New Westminister, BC V3L 5P5 604-526-1886 <a href="https://nwsm.ca/">https://nwsm.ca/</a>
North Vancouver	North Shore Sports Medicine - Brooksbank <b>(In-Person and/or Virtual programs)</b>	104 - 340 Brooksbank Ave. North Vancouver, BC V7J 2C1 604-973-0242

**List of GLA:D™ Canada Clinics - British Columbia**

Smithers	Alpine Physiotherapy <i>Note: Group classes will be held at the Smithers Christian Reformed Church. The church is less than 1 km away from the clinic.</i>	1268 Main Street Smithers, BC V0J 2N0 250-877-6966 <a href="https://alpinephysiotherapy.com/">https://alpinephysiotherapy.com/</a>
Qualicum Beach	Brightside Physiotherapy	425 Mill Rd. Qualicum Beach, BC V9K 1J3 250-752-8471 <a href="http://www.brightsidephysio.com">www.brightsidephysio.com</a>
Vancouver	Burrard Physiotherapy	1190 Hornby St., Suite 702 Vancouver, BC V6Z 2K5 604-684-1640 <a href="http://www.burrardphysiotherapy.com">www.burrardphysiotherapy.com</a>
Vancouver	Catch Physio and Wellness Clinic <b>(In-person and/or Virtual programs)</b>	Renfrew Centre 2880 Bradfield Court Vancouver, BC V5M 0E3 604-423-2880 <a href="http://www.catchwellness.ca">www.catchwellness.ca</a>
Vancouver	Chipperfield Mobile Physio & Wellness	351 W 20th Ave. Vancouver, BC V5Y 2C5 604-828-2610 <a href="http://www.chipperfieldphysio.ca">www.chipperfieldphysio.ca</a>
Vancouver	Creekside Community Centre	1 Athletes Way, Multipurpose Room 3 Vancouver, BC V5Y 0B1 604-404-9695 <a href="https://anc.ca.apm.activecommunities.com/vancouver/home?onlineSiteId=0&amp;from_original_cui=true">https://anc.ca.apm.activecommunities.com/vancouver/home?onlineSiteId=0&amp;from_original_cui=true</a>
Vancouver	Form Physiotherapy <b>(In-person and/or Virtual programs)</b>	601 West Broadway, Unit 16 Vancouver, BC V5Z 4C2 604-708-4762 <a href="http://www.formphysiotherapy.com">www.formphysiotherapy.com</a>
Vancouver	UBC Physical Therapy & Research Clinic	Friedman Building, Room 244 2177 Wesbrook Mall Vancouver, BC V6T 1Z3 604-827-6959 <a href="https://physioclinic.med.ubc.ca">https://physioclinic.med.ubc.ca</a>
Vernon	Damini Physiotherapy and Sports Injury <b>(In-person and/or Virtual programs)</b>	3301 24th Avenue, Unit #203 Vernon, BC V1T 9S8 250-545-2335 <a href="https://www.daminiphysio.ca/">https://www.daminiphysio.ca/</a>
Victoria	PhysioPlus <b>(In-person and/or Virtual programs)</b>	#103 - 777 Blanshard Street Victoria, BC V8W 2G9 250-220-7205 <a href="http://www.physioplusvictoria.com">www.physioplusvictoria.com</a>

**List of GLA:D™ Canada Clinics - British Columbia**

Victoria	UpLevel Physiotherapy	Saanich Commonwealth Place 4636 Elk Lake Drive Victoria, BC V8Z 5M1 250-475-7630 <a href="http://www.uplevelphysio.ca">www.uplevelphysio.ca</a> (clinic) <a href="http://www.saanich.ca">www.saanich.ca</a> (Municipality; facility info)
West Vancouver	West Vancouver Community Centre	Aquatic Centre Weight Room 2121 Marine Dr. West Vancouver, BC V7V 4Y2 604-921-2169 <a href="https://www.westvancouverrec.ca/">https://www.westvancouverrec.ca/</a>