

Managing Hip and Knee Osteoarthritis

SEMINAR SERIES 2026

REGISTER for Education Sessions Spring 2026

Repeat 2-part 60-minute sessions

April

Wednesday, April 1 at 11:00 am – 12:00 pm ET

Wednesday, April 8 at 11:00 am – 12:00 pm ET

May

Wednesday, May 6 at 1:00 – 2:00 pm ET

Wednesday, May 13 at 1:00 – 2:00 pm ET

June

Tuesday, June 2 at 12:00 – 1:00 pm ET

Tuesday, June 9 at 12:00 – 1:00 pm ET

There is no fee to register!

To register, visit the registration page on the GLA:D website here:

**[Managing Hip and Knee Osteoarthritis Education Sessions:
Registration Page – GLA:D Canada](#)**

Registration will remain open until the day before each seminar.
After registering, you will receive a confirmation email containing
information about joining the meeting.

LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

If you have any difficulties with registering for the sessions,
please contact GLA:D Canada at gladcanada@uhn.ca

