

List of GLA:D™ Canada Clinics - British Columbia



City/Town	Site	Address
Burnaby	Metrotown Orthopaedic and Sports Physiotherapy Clinic	4789 Kingsway, Suite 350 Burnaby, BC V5H 0A3 604-430-3066
Cobble Hill	Thrive Now Physiotherapy	1400 Cowichan Bay Road, Suite #59 Cobble Hill, BC V0R 1L3 250-743-3833 www.thrivenowphysio.com
Comox	Origin Integrated Health (In-person and/or Virtual programs)	1261 Noel Ave, Unit 2 Comox, BC V9M 4A3 250-941-2211 https://www.originintegratedhealth.com/comox-valley
Coquitlam	Manhas Health Co	101 1106 Austin Ave. Coquitlam, BC V3K 3P5 604-937-5953 www.manhashealth.com
Courtenay	Fresh Tracks Physiotherapy	1978 Cliffe Ave., Unit 205 Courtenay, BC V9N 2L1 250-871-7177 www.freshtracksphysio.ca
Kamloops	ONLINE (Virtual program only)	647-862-6919 www.SimplyHS.ca
Ladysmith	Active Solutions Health + Sports	12 Roberts Street, PO Box 881 Ladysmith, BC V9G 1A8 250-924-4025 www.activesolutionshealth.ca
New Westminister	New West Sports Medicine - Physiotherapy	B1 – 65 Richmond Street New Westminister, BC V3L 5P5 604-526-1886 https://nwsm.ca/
North Vancouver	North Shore Sports Medicine - Brooksbank (In-Person and/or Virtual programs)	104 - 340 Brooksbank Ave. North Vancouver, BC V7J 2C1 604-973-0242
North Vancouver	Telus Health Care Centre North Vancouver	220, 138 13th Street North Vancouver, BC V7L 0E5 604-669-2273 https://www.telus.com/en/health/care-centres/locations/north-vancouver

List of GLA:D™ Canada Clinics - British Columbia

Smithers	Alpine Physiotherapy <i>Note: Group classes will be held at the Smithers Christian Reformed Church. The church is less than 1 km away from the clinic.</i>	1268 Main Street Smithers, BC V0J 2N0 250-877-6966 https://alpinephysiotherapy.com/
Qualicum Beach	Brightside Physiotherapy	425 Mill Rd. Qualicum Beach, BC V9K 1J3 250-752-8471 www.brightsidephysio.com
Vancouver	Burrard Physiotherapy	1190 Hornby St., Suite 702 Vancouver, BC V6Z 2K5 604-684-1640 www.burrardphysiotherapy.com
Vancouver	Catch Physio and Wellness Clinic (In-person and/or Virtual programs)	Renfrew Centre 2880 Bradfield Court Vancouver, BC V5M 0E3 604-423-2880 www.catchwellness.ca
Vancouver	Chipperfield Mobile Physio & Wellness	351 W 20th Ave. Vancouver, BC V5Y 2C5 604-828-2610 www.chipperfieldphysio.ca
Vancouver	Creekside Community Centre	1 Athletes Way, Multipurpose Room 3 Vancouver, BC V5Y 0B1 604-404-9695 https://anc.ca.apm.activecommunities.com/vancouver/home?onlineSiteId=0&from_original_cui=true
Vancouver	UBC Physical Therapy & Research Clinic	Friedman Building, Room 244 2177 Wesbrook Mall Vancouver, BC V6T 1Z3 604-827-6959 https://physioclinic.med.ubc.ca
Victoria	PhysioPlus (In-person and/or Virtual programs)	#103 - 777 Blanshard Street Victoria, BC V8W 2G9 250-220-7205 www.physioplusvictoria.com
Victoria	UpLevel Physiotherapy	Saanich Commonwealth Place 4636 Elk Lake Drive Victoria, BC V8Z 5M1 250-475-7630 www.uplevelphysio.ca (clinic) www.saanich.ca (Municipality; facility info)

List of GLA:D™ Canada Clinics - British Columbia

West Vancouver	West Vancouver Community Centre	Aquatic Centre Weight Room 2121 Marine Dr. West Vancouver, BC V7V 4Y2 604-921-2169 https://www.westvancouverrec.ca/
----------------	---------------------------------	--