

List of GLA:D™ Canada Clinics - British Columbia



City/Town	Site	Address
Abbotsford	Initium Centre for Pain Medicine Inc. (In-person and/or Virtual programs)	2031 McCallum Road, unit 401, Abbotsford, BC, V2S-3N5 778-757-1302 www.initiumcpm.com
Burnaby	Expert Physio (In-person and/or Virtual programs)	Scotia Barn (Formerly known as 8 Rinks) 6501 Sprott Street Burnaby, BC V5B 3B8 604-294-3376 www.expertphysio.ca
Burnaby	Metrotown Orthopaedic and Sports Physiotherapy Clinic	4789 Kingsway, Suite 350 Burnaby, BC V5H 0A3 604-430-3066
Chilliwack	Rebalance Rehab (In-person and/or Virtual programs)	45719 Ontario Avenue, Chilliwack, BC, V2P 6S8 604-799-3080 www.rebalancerehab.ca
Cobble Hill	Thrive Now Physiotherapy	1400 Cowichan Bay Road Suite #59 Cobble Hill, BC, V0R 1L3 250-743-3833 www.thrivenowphysio.com
Comox	Origin Integrated Health (In-person and/or Virtual programs)	1261 Noel Ave., Unit 2, Comox, BC, V9M 4A3 250-941-2211 https://www.originintegratedhealth.com/comox-valley
Coquitlam	Core Kinesis Physiotherapy (In-person and/or Virtual programs)	1194 Lansdowne Drive, Unit 403, Coquitlam, BC, V3E 1J7 604-475-7725 https://corekinesisphysiotherapy.com
Coquitlam	Manhas Health Co	101 1106 Austin Ave, Coquitlam, BC V3K 3P5 604-937-5953 www.manhashealth.com
Coquitlam	Moves You Physiotherapy (In-person and/or Virtual programs)	1465 Salisbury Ave #220, Port Coquitlam, BC, V3B 6J3 604-474-1767 http://movesyou.ca/

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Courtenay	Fresh Tracks Physiotherapy	1978 Cliffe Ave, Unit 205 Courtenay, BC V9N 2L1 250-871-7177 www.freshtracksphysio.ca
Courtenay	The Joint Physiotherapy + Sports Injury Centre	Unit D 310 8th St. Courtenay, BC V9N 1N3 250-331-1200
Cranbrook	Kootenay Therapy Center	1311 2nd Street N Suite 260 Cranbrook, BC V1C 3L1 250-426-4629 www.kootenaytherapycenter.com
Creston	Full Circle Physiotherapy	Creston and District Community Complex 312 19th Avenue North Creston, BC V0B 1G0 250-428-7127
Delta	Sungod Sports + Orthopaedic Physiotherapy Clinics	Sungod Recreation Centre 7815 112th Street Suite 101 Delta, BC V4C 4V9 604-590-3100 www.sungodphysio.com
Delta	Sungod Sports + Orthopaedic Physiotherapy Clinics	Tsawwassen Springs Clubhouse 130 - 5133 Springs Blvd Delta, BC V4M 0A6 604-943-5533 www.sungodphysio.com
Duncan	Start Line Health & Wellness Group	#202-2640 Beverly Street, Duncan, BC, V9L 5C7 250-746-7463 https://startlinehealth.com/
Fort St. John	Freedom Physiotherapy	10031 100 Street Fort St. John BC, V1J 3Y5 250-785-1304
Gibsons	Coastline Health and Performance (In-person and/or Virtual programs)	641 Mahan Rd #104, Gibsons, BC, V0N 1V8
Gibsons	Pacific Wellness and Sport (In-person and/or Virtual programs)	Unit 113, 721 Winn Road, Gibsons, British Columbia, V0N 1V0 www.PacificWellnessandSport.ca
Invermere	Copper City Physical Therapy	526-2 13th Street, Invermere, BC, V0A1K0 250-342-8966 www.coppercityphysicaltherapy.com

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Invermere	Premier Physio (In-person and/or Virtual programs)	503 7th Ave, Suite 1 Invermere, BC V0A 1K0 250-412-5059 www.premierphysioinvermere.com
Kamloops	SMART Rehabilitation	1445 McGill Road, Suite 9 Kamloops BC V2C 6K7 1-833-294-5849, ext 1
Kimberley	Creekside Physiotherapy Clinic	417 Unit D, 304th Street Kimberley, BC V1A 3H4 250-427-2202
Ladysmith	Active Solutions Health + Sports	12 Roberts Street, PO Box 881 Ladysmith, BC, V9G 1A8 250-924-4025 www.activesolutionshealth.ca
Langley City	Belmont Physiotherapy & Health Clinic	20103 40 Ave #111, Langley City, BC, V3A 2W3 604-427-2172 https://belmontphysio.ca/
Mackenzie	Azu Health Ltd	577 Skeena Dr Mackenzie, BC V0J 2C0 250-997-3500
Nanaimo	Brickyard Physiotherapy	103, 6010 Brickyard Road, Nanaimo, BC, V9V 1S5 250-729-7959 www.brickyardphysio.com
New Westminster	New West Sports Medicine - Physiotherapy	B1 – 65 Richmond Street, New Westminster, BC, V3L 5P5 https://nwsm.ca/ 604-526-1886
North Vancouver	North Shore Sports Medicine - Brooksbank (In-Person and/or Virtual programs)	104 -340 Brooksbank Ave North Vancouver, BC 604-973-0242
North Vancouver	Telus Health Care Centre North Vancouver	220, 138 13th Street, North Vancouver, BC, V7L 0E5 604-669-2273 https://www.telus.com/en/health/care-centres/locations/north-vancouver
Parksville	Advanced Health & Sports Clinic	5-100 Lombardy Street, Parksville, BC, V9P 0G4 (250) 586-8556 https://www.advanced-healthclinic.com

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Pender Island	Mieke Truijen Physiotherapy Clinic	Pender Island Elementary and Secondary School, Shop Room 5714 Canal Road Pender Island, BC V0N 2M1 250-629-9910
Port Alberni	Innov8 Physiotherapy (In-person and/or Virtual programs)	4110-A 6th Avenue, Port Alberni, BC, V9Y 4M9 250-736-0773 www.innov8physio.ca
Smithers	Alpine Physiotherapy <i>Note: Group classes will be held at the Smithers Christian Reformed Church. The church is less than 1 km away from the clinic.</i>	1268 Main Street, Smithers, BC, V0J2N0 250-877-6966 https://alpinephysiotherapy.com/
Squamish	Elaho Medical Clinic	1337 Pemberton Ave Squamish, BC V8B 0R1 604-892-5688 www.elahoclinic.com
Squamish	Lifemark Physiotherapy - Garibaldi Highlands	40258 Glenalder Place Suite 114 Squamish, BC V8B 0G2 604-898-1009 www.lifemark.ca
Squamish	Physiofocus Squamish	38150 Second Ave Squamish, BC A8B 0C4 604-848-6281 physiofocus.ca
Surrey	ECB In-Home Physio (no physical location at this time; providing in-	www.in-homephysio.ca 778-708-8575
Qualicum Beach	Brightside Physiotherapy	425 Mill Rd Qualicum Beach, BC V9K 1J3 (250) 752-8471 www.brightsidephysio.com
Vancouver	Allan McGavin Sports Medicine Clinic Pysiotherapy - Chan Gunn Pavillion (UBC)	2553 Westbrook Mall, Vancouver, BC V6T 1Z3 604-822-6833 info@allanmcgavinphysio.com www.allanmcgavinphysio.com
Vancouver	Allan McGavin Sports Medicine Clinic Pysiotherapy - Plaza of Nations (Vancouver)	750 Pacific Blvd Unit B103 Vancouver, BC V6B 5E7 plaza@allanmcgavinphysio.com www.allanmcgavinphysio.com

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Vancouver	Burrard Physiotherapy	1190 Hornby St., Suite 702 Vancouver, BC V6Z 2K5 604-684-1640 www.burrardphysiotherapy.com
Vancouver	Canadian Pain & Regenerative Institute	1541 West Broadway Suite 301 Vancouver, BC V6J 1W7 604-260-4481 https://www.cprihealth.ca
Vancouver	Catch Physio and Wellness Clinic (In-person and/or Virtual programs)	Renfrew Centre 2880 Bradfield Court Vancouver, BC V5M 0E3 604-423-2880 www.catchwellness.ca
Vancouver	City Sports and Physiotherapy Clinic (In-person and/or Virtual programs)	890 West Pender Street, Suite 420 Vancouver, BC V6C 1J9 604-606-1420
Vancouver	Creekside Community Centre	Multipurpose Room 3, 1 Athletes Way, Vancouver, BC, V5Y 0B1 604-404-9695 https://anc.ca.apm.activecommunities.com/vancouver/home?onlineSiteId=0&from_original_cui=true
Vancouver	Chipperfield Mobile Physio & Wellness	351 W 20th Ave, Vancouver, BC, V5Y 2C5 604-828-2610 www.chipperfieldphysio.ca
Vancouver	Form Physiotherapy (In-person and/or Virtual programs) Gabriola Island (Virtual program only)	601 West Broadway, Unit 16 Vancouver, BC V5Z 4C2 604-708-4762 www.formphysiotherapy.com
Vancouver	Lifemark Physiotherapy - Keefer Place	181 Keefer Place Vancouver, BC, V6B 6C1 604-687-5911 www.lifemark.ca
Vancouver	Myodetox Main (In-person and/or Virtual programs)	3418 Main St Vancouver, BC V5V 3N2 604-558-3322 https://www.myodetox.com/locations/canada/vancouver-main/

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Vancouver	Telus Health Care Centres (In-person and/or Virtual programs)	Nelson Square 808 Nelson St, Suite 300 Vancouver, BC V6Z 2H2 604-707-2273 https://www.telus.com/en/health/care-centres
Vancouver	Treloar Physiotherapy Clinic (In-person and/or Virtual programs)	595 West 8th Avenue Vancouver, BC V5Z 0C4 604-875-6207
Vancouver	UBC Physical Therapy & Research Clinic	Friedman Building, Room 244 2177 Wesbrook Mall Vancouver, BC V6T 1Z3 604-827-6959 https://physioclinic.med.ubc.ca
Vernon	Priest Valley Physiotherapy and Rehabilitation	3411 31st Avenue Vernon, BC V1T 2H6 250-549-2552
Victoria	Ability PhysioPlus Ltd	#103 - 777 Blanshard Street, Victoria, BC, V8W 2G9 250-220-7205 www.physioplusvictoria.com
Victoria	Lab Health Physio	Archie Browning Sports Centre 1151 Esquimalt Rd Victoria, BC V9A 3N6 250-386-7254 www.labhealthphysio.ca
Victoria	PhysioPlus (In-person and/or Virtual programs)	809 Fairfield Rd Victoria, BC V8V 0A7 250-220-7205 www.physioplusvictoria.com
Victoria	UpLevel Physiotherapy	Saanich Commonwealth Place 4636 Elk Lake Drive Victoria, BC V8Z 5M1 250-475-7630 www.uplevelphysio.ca (clinic) www.saanich.ca (Municipality; facility info)
West Vancouver	Hollyburn Country Club Physiotherapy *MEMBERS ONLY*	950 Cross Creek Road West Vancouver, BC V7S 2S5 604-913-4563

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West Vancouver	West Vancouver Community Centre	Aquatic Centre Weight Room 2121 Marine Dr. West Vancouver, BC V7V 4Y2 604-921-2169 https://www.westvancouverrec.ca/
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