

List of GLA:D™ Canada Clinics - Ontario



City/Town	Site	Address
Acton	Eramosa Physiotherapy Associates (In-person and/or Virtual programs)	372 Queen Street, Suite 6 Acton, ON L7J 2L8 519-853-9292 www.erasosaphysio.com
Ajax	CBI Health Ajax	Suite 100, 65 Bayly Street W., Ajax, ON, L1S7K7 365-298-3350 https://www.cbihealth.ca/locations/ajax
Ajax	Durham Orthopedic and Sports Injury Clinic	60 Randall Drive, Units 7 & 8 Ajax, ON L1S 6L3 905-428-7800
Ajax	Healing Touch Ajax Inc. (In-person and/or Virtual programs)	10-1801 Harwood Avenue North, Ajax, ON, L1T 0K8 905-239-7022 Healingtouchrehab.com
Alliston	Alliston Physiotherapy & Sports Rehabilitation (In-person and/or Virtual programs)	27 Victoria St. E Alliston, ON L9R 1T9 705-434-0645 www.allistonphysiotherapy.com
Almonte	Almonte General Hospital	75 Spring Street, Almonte, Ontario, K0A 1A0, Suite: Physiotherapy
Angus	Stride Physiotherapy & Sports Rehabilitation (In-person and/or Virtual programs)	Unit 6, 17 King Street, Angus, ON, L0M 1B2 249-294-1080 www.stridephysio.net
Atikokan	Atikokan General Hospital	Rehabilitation Department 120 Dorothy Street Atikokan, ON P0T 1C0 807-597-4215 ext. 355 www.aghospital.on.ca
Aurora	Aurora Sport Medicine Professionals	248 Earl Stewart Drive, Suite 200 Aurora, ON L4G 6V8 905-503-2767 www.aurorasportsmed.ca

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Aurora	Bayview Physiotherapy & Sports Medicine Clinic Inc. (In-person and/or Virtual programs)	10 Mosley Street, Suite 1 Aurora, ON L4G 1G6 905-713-1209 www.bayviewphysio.ca
Ballantrae	PT'MOVEMENT Wellness Centre	Unit #207, 15301 Highway 48, Ballantrae, ON, L4A 3M1 905-642-8000 https://www.ptmovement.ca/
Bancroft	PhysioNorth (In-person and/or Virtual programs)	#6-17 York River Drive, Bancroft, Ontario, K0L1C0 613-332-1010 www.physionorth.ca
Barrie	Barrie Community Health Centre (In-person and/or Virtual programs)	490 Huronia Road Barrie, ON L4N 6M2 705-734-9690 ext. 291
Barrie	Ortho PT	1 Quarry Ridge Rd, Suite 103 Barrie, ON L4M 7G1 705-503-0577 www.orthopt.ca
Barrie	Sports Medicine - Huronia Road, Barrie	480 Huronia Road Suite 104 Barrie, ON L4N 6M2 705-734-3340
Barrie	Suzie Foreman Physiotherapy (In-person and/or Virtual programs)	44 Farlaine Ave. Barrie, ON L9J 0M9 705-331-1506 www.suzieforemanphysiotherapy.com
Bolton	Bolton Physiotherapy Clinic (In-person and/or Virtual programs)	12295 Highway 50, Unit #10 Bolton, ON L7E 1M2 905-857-3927
Bowmanville	CMCC Chiropractic Clinic - Bowmanville Health Centre (In-person and/or Virtual programs)	222 King St. E, Suite 1105B Bowmanville, ON L1C 1P6 905-419-2622
Bradford	Bradford Sports Medicine Professionals (In-person and/or Virtual programs)	160 Holland Street West Unit 1 Box #1137 Bradford, ON L3Z 1H7 905-775-3600
Brampton	Insync Wellness	20 Rivermont Rd, Unit 3B Brampton, ON L6Y 6G7 905-455-2222 www.insyncwellness.com

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Brampton	Natural Touch Rehabilitation Centre	312 Queen St. E Brampton, ON L6V 1C2 905-281-8247 www.naturaltouchrehabilitation.com
Brampton	Ortho Rehab Group Inc.	2140 North Park Dr, Unit 48, Brampton, ON L6S 0C9 905-595-7007
Brampton	RMT Movement	195 County Court BLVD., Unit 200, Brampton, Ontario, L6W 4P7 647-201-4814 www.rmtmovement.ca
Burlington	Burlington Family Health Team (In-person and/or Virtual programs)	204-720 Guelph Line Burlington, Ontario, L7R 4E2 289-861-5611 ext. 5512 www.burlingtonfht.com
Burlington	Fairview Chiropractic Clinic (In-person and/or Virtual programs)	Fairview Business Park 2289 Fairview Street Suite 425/426 Burlington, ON 905-637-9900 www.fairviewchirorehab.com
Burlington	Fit for Life Physiotherapy	Unit 4, 18 Plains Rd W, Burlington, ON, L7T 0B3 905-333-3488 http://www.fitforlifephysio.ca/
Cambridge	Altum Health UHN	745 Coronation Blvd Suite 101 Cambridge, ON N1R 0B6 519-622-5885 www.altumhealth.com
Cambridge	Grandview Medical Centre Family Health Team	167 Hespeler Rd, unit 300, Cambridge, Ontario, N1R 3H7 519-623-4200 x 372 https://www.gmcfht.ca/
Cambridge	Langs Community Health Centre	1145 Concession Road Cambridge, ON N3H 4L5 519-653-1470
Cambridge	Tri City Physiotherapy and Rehabilitation	27 Water St. N Cambridge, ON N1R 3B2 519-620-2229 www.tricityphysio.ca

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Carleton Place	Back on Track Physiotherapy	515 McNeely Ave, Unit 3 Carleton Place, ON K7C 0A8 613-253-5215 www.backontrackphysio.com
Chatham	Peach Physiotherapy & Wellness Centre	463 St. Clair St., Unit 3 Chatham, ON N7L 3K6 519-358-7342 Peachphysio.ca Website: peachphysio.ca
Clinton	Clinton Chiropractic and Wellness Centre	160 Huron Street, Clinton, ON, N0M1L0 519-482-3481 https://clintonchiropractic.ca/
Cobourg	We-Fix-U	727 William St. Cobourg, ON K9A 3A7 905-373-7045
Collingwood	Orthopaedic Sport Institute	500 Ontario Street City, Collingwood, Ontario, L9Y 5N7 705-467-0701 x 1 https://www.ortho-sport.ca/
Cornwall	Cotton Mill Rehab	705 Cotton Mill St Suite 113 Cornwall, ON K6H 7K7 613-362-1180
Courtice	Townline ChiroPhysio & Foot Clinic	1428 Durham Regional Hwy 2, 2nd Floor, Courtice, ON, L1E 2J5 (289) 966-2225 Email: info@townlinerehab.com
Dryden	Dryden Regional Health Centre	Physiotherapy Department 58 Goodall Street Dryden, ON P8N 2Z6 807-223-8201 ext. 1265
Etobicoke	Life Force Physiotherapy	577 Burnhamthorpe Road Unit 1 - GYM Etobicoke, ON M9C 2Y3 416-207-9395 www.lifeforcephysio.com
Exeter	A1 Chiropractic Health & Wellness	379 Main Street South Exeter, Ontario, N0M 1S0 519-235-4442 https://www.a1healthandwellness.ca/

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Fergus	Grand River Physiotherapy (1st Location)	805 Tower St S. Fergus, ON, N1M 2R2 (519) 787-2714 https://grandriverphysio.net/
Fergus	Grand River Physiotherapy (2nd Location)	104, 6420 Beatty Line North Fergus, ON, N1M 2W3 519-787-2714 https://grandriverphysio.net/
Fort Frances	Riverside Health Care Facilities Inc.	LaVerendrye Hospital 110 Victoria Ave Fort Frances, ON P9A 2B7 807-274-3261
Geraldton	Geraldton District Hospital	Rehab Dept & Board Room 500 Hogarth Ave Geraldton, ON P0T 1M0 807-854-4115 www.geraldtondh.com
Goderich	Physiotherapy Alliance Goderich (In-person and/or Virtual programs)	Unit 1, 145 Huron Road, Goderich, ON, N7A 2Z7 physiotherapyalliance.com 519-612-2345
Grand Bend	Grand Bend Area Community Health Centre (GBACHC)	Community Room, 69 Main Street East, Grand Bend, Ontario, N0M 1T0 https://gbachc.ca/ 519-238-2362
Guelph	Eramosa Physiotherapy Associates	Bullfrog Mall 380 Eramosa Rd, Unit 28 Guelph, ON N1L 1P1 519-767-9950 https://eramosaphysio.com/
Guelph	Motion Plus Physiotherapy	Unit 21, 35 Harvard Road, Guelph, ON N1G 3A2 519-767-7587 www.motionplusphysio.com
Guelph	Westwood Physiotherapy and Wellness	530, Willow Rd, Room 12, Guelph, ON N1H 7G4 519-341-5161 www.westwoodphysiotherapy.ca

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Hamilton	Hamilton Family Health Team - James St. Hub	123 James St N #300, Hamilton, ON L8R 2K8 905-667-4848 https://hamiltonfht.ca/
Hamilton	McMaster PACE (In-person and/or Virtual programs)	1280 Main Street West Room A114 Hamilton, ON L8S 4L8 905-525-9140 x 27223 www.Pace.mcmaster.ca
Hamilton	Revive Physiotherapy	318 Dundurn St. South, Unit 9 Hamilton, ON L8P 2M5 289-941-4878 www.revive-physiotherapy.ca
Hamilton	Wilson Medical Centre	130 Wilson St, Lower Level Hamilton, ON L8R 1E2 905-526-6250
Harriston	McDonald Chiropractic	County Road 109, Room 12 Harriston, ON N0G 1Z0 519-510-5555 https://www.mcdchiro.ca/
Hawkesbury	Hawkesbury & District General Hospital (HGH)	B0 - 142, 1111 Ghislain St, Hawkesbury, ON, K6A 3G5 613-632-1111 x 53601 www.hgh.ca
Huntsville	Muskoka MVMT Physiotherapy + Sport Injury Clinic (In-person and/or Virtual programs)	Muskoka MVMT 29 Main St E Suite 101 Huntsville, ON P1H 2C6 705-224-6445 www.muskokamvmtclinic.com
Kanata	Pro-Action Health & Performance (In-person and/or Virtual programs)	308 Palladium Drive, Suite 108 Stittsville, ON K2V 1A1 613-505-5000 https://www.proactionsportsclinic.com/
Keswick	Anchor Health & Fitness	443 Queensway South, unit 70, Keswick, ON, L4P 3J4 905-535-4449 https://www.clinic.anchorhere.ca/
Kingston	Best Health Physiotherapy (In-person and/or Virtual programs)	1329 Gardiner's Rd, Suite 2 Kingston, ON K7K0A2 613-634-2378

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Kingston	Health in Focus Sports Injury and Rehab - East	496 Discovery Ave., Unit 9 (Gym), Kingston, ON, K7K 7E9 613-531-4166 https://healthinfocus.ca/
Kingsville	Erie Shores Rehabilitation	375 Main Street East Kingsville, ON N9Y 1A7 519-733-4008
Leamington	Advanced Wellness Centre	10 Talbot Street East, Leamington, ON N8H 1L2 519-322-4627 https://theawc.ca/
Little Current	Manitoulin Health Centre	11 Meredith Street PO Box 640 Little Current, ON P0P 1K0 705-368-2300 ext. 2473 Contact: Maria McInnis
London	Active Rehab	611 Wonderland Road North, Unit 4A London, ON N6H 4V6 519-657-3888
London	Pro Function	Pro Function Sports Injury Clinic 25 Midpark Cres London, ON, N6N 1A9 519-860-5090 www.profunction.ca
London	ReActive Physiotherapy (In-person and/or Virtual programs)	1510 Woodcock Drive, Unit # 1 London, ON N6H 5S1 519-601-5522 https://reactivephysio.com/specialty-services/gladtm-canada-exercise-program/
London	Shyft – The Physiotherapy Group	Unit E, 310 Wellington Road, London, Ontario, N6C 4P4 519-439-6111 www.profunction.ca
Maple	Biophysio Rehabilitation Clinic (In-person and/or Virtual programs)	100 - 2389 Major Mackenzie Dr. W Maple, ON L6A 3Z2 905-553-7717
Manitouwadge	Santé Manitouwadge Health	Rehabilitation Department 1 Health Care Cres Manitouwadge, ON P0T 2C0 807-826-3251 www.mh.on.ca

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Manotick	Manotick PhysioWorks	1160 Beaverwood Road, Unit A12, Manotick, ON, K4M 1A3 613-692-1847 https://www.manotickphysioworks.ca
Marathon	North of Superior Healthcare Group - Wilson Memorial General Hospital Site	Physiotherapy Department 26 Peninsula Road Marathon, ON P0T 2E0 807-229-1740 ext. 253 www.nosh.ca
Markdale	South East Grey Community Health Centre **Program for rostered patients only	55 Victoria Ave, Markdale, ON, N0C 1H0 519-986-2222 https://www.segchc.ca/
Markham	Healing Touch Rehabilitation Centre Inc. (In-person and/or Virtual programs)	7-6899 14th Avenue, Markham, ON, L6B 0S2 905-201-7022 Healingtouchrehab.com
Markham	KH Movement (In-person and/or Virtual programs)	401 Alden Rd. #19, Markham, Ontario, L3R 4N4 437-979-5468 https://www.khmovement.com/
Milton	Escarpment Sports Medicine Centre	450 Bronte St. S., Suite 104, Milton, ON, L9T 8T2 (905) 864-9945 https://escarpmentsportsmed.ca/
Milton	Halton Community Rehabilitation Centre	17 Wilson Drive Unit 12 Milton, ON L9T 3J7 905-876-1515 www.hcrc.ca
Mississauga	Clarkson Sports and Physiotherapy (In-person and/or Virtual programs)	1400 Lakeshore Rd. West Mississauga, Ontario, L5J 1J1 905-855-8372 https://clarksonphysio.ca/
Mississauga	Natural Touch Rehabilitation Centre	914 Burnhamthorpe Rd Mississauga, ON L5C 2S3 905-281-8247 www.naturaltouchrehabilitation.com
Mississauga	PhysioCare & Rehab (Grand Park Plaza)	719 Central Parkway West, Suite 205 Mississauga, ON L5B 4L1 905-272-0909 https://www.physiocare.ca/

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Mississauga	ARC Physio Health	2520 Eglinton Ave West Unit 5 Mississauga, ON L5M 0Y4 905-997-0113 https://arcphysiohealth.ca/
Mississauga	Rivlin Medical Group	601 - 89 Queensway West Mississauga, ON L5B 2V2 905-281-9898
Mississauga	The Mississauga Physiotherapy and Orthopedic Center	33 City Centre Dr, #420, Mississauga, ON, L5B 2N5 289-724-2007 https://www.mississauga-physiotherapy-orthopedic.ca/
Mississauga	Triangle Physiotherapy Erin Mills Inc.	2520 Eglinton Ave W. Suite 205 Mississauga, ON L5M 0Y5 905-677-8585 www.trianglephysiotherapy.com
Napanee	RFLA Allied Health Team	310 Bridge Street West Suite G1 Napanee, ON K7R 0A4 613-354-3301 ext. 688 https://kchc.ca/napanee/rural-frontenac-lennox-and-addington-allied-health-team/
Newbury	Four Counties Health Services (In-person and/or Virtual programs)	1824 Concession Drive Newbury, ON, N0L 1Z0 519-693-4441 https://mhalliance.on.ca/about/about-four-counties-health-services/
Newmarket	iam Physiotherapy Clinic - The Meadows of Aurora (In-person and/or Virtual programs)	440 William Graham Drive, Aurora, ON, L4G 1X5 289-319-3090 https://iamphysioclinic.com/
Newmarket	Sports Medicine Centre of Excellence	Suite 24, 17665 Leslie Street Newmarket, ON L3Y 3E3 289-319-3090
Newmarket	York Rehab	730 Davis Dr., Unit 1, Newmarket, ON L3Y 2R4 289-796-1155 http://www.yorkrehab.com/
Nipigon	Nipigon District Memorial Hospital	Physiotherapy Department 125 Hogan Road Nipigon, ON P0T 2J0 807-887-3026 EXT 1253/1252

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Nobleton	Nobleton Physiotherapy	13085 Highway 27, Unit 2 Nobleton, ON L0G 1N0 905-859-6708 www.nobletonphysiotherapy.ca
North Bay	Cor Maximus	1501 Seymour St, North Bay, ON, P1A 0C5 705-476-8888 https://cormaximus.com/
North Bay	Symetrics (In-person and/or Virtual programs)	510 Main St East North Bay, ON P1B 1B8 705-497-1975 www.symetricsonline.com
North York	Canadian Active Rehabilitation Centre	1448 Lawrence Ave E, North York, ON, M4A 2V6 (416) 288-0222 http://www.carc rehab.ca/
North York	Physiomobility Don Mills (In-person and/or Virtual programs)	6 Maginn Mews, Suite 211 CF Shops at Don Mills North York, ON M3C 0G9 416-444-4800
North York	Pure Motion Centre	4789 Yonge Street, Unit 1205 North York, ON M2N 5M5 416-901-7873 www.puremotioncentre.com
North York	Striowski & Associates Physiotherapy	1333 Sheppard Ave E, Suite 114 North York, ON M2J 1V1 416-490-0449 www.striowskiphysio.com
Oakville	Altum Health	519 Dundas Unit 6/7 Oakville, ON L6M 1L9 905-257-0073 www.altumhealth.com
Oakville	BeActive Physio	240 Wyecroft Rd Unit 101 Oakville, ON L6K 2G7 905-849-9119 http://beactivephysio.ca
Oakville	Dr. Theresa Valley, Chiropractor (In-person and/or Virtual programs)	402 Bonny Meadow Rd, Oakville, ON, L6J 6H1 647-780-8354 drvalleychiropractor.com

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Oakville	Global Health Physio Inc. Oakville	266 Harold Dent Trail, Oakville, ON, L6M 1S1 905-257-3456 https://www.globalhealthphysio.ca/
Oakville	Oakville Trafalgar Memorial Hospital	Outpatient Rehab 3001 Hospital Gate, Oakville, ON, L6M 0L8 905-845-2571 x 5638
Oakville	Physio Sport Med of Oakville	Unit 104, 231 Oak Park Blvd Oakville, ON L6H 7S8 905-257-3456 https://physiosportmed.ca/index.html
Oakville	Trillium Health Partners Insight Health Solutions	2381 Bristol Circle, Unit 102 Oakville, ON L6H 5S9 905-813-4187 https://www.insighthealthsolutions.com/
Oakville	Triangle Physiotherapy Oakville	2501 Prince Michael Drive, Unit 2 Oakville, ON, L6H0E9 905-257-3334 www.trianglephysiotherapy.com
Orangeville	Eramosa Physiotherapy Associates (In-person and/or Virtual programs)	41 Broadway Ave Orangeville, ON 519-940-8993 https://eramosaphysio.com/our-locations/orangeville
Orangeville	Healthwise Physiotherapy	48 Centennial Rd #18 Orangeville, ON L9W 3T4 519-942-8884
Orangeville	Village Chiropractic	41 Broadway Ave, Orangeville, ON, L9W 1J7 519-938-9200 villagechiropractors.ca
Orillia	Couchiching Family Health Team **Requires a referral from CFHT primary care provider to participate in GLA:D program	119 Memorial Avenue, Suite 102 Orillia, Ontario, L3V 6N6 705-329-3649 www.cfht.ca
Orillia	Lake Country Physiotherapy	7B Progress Drive Orillia, ON L3V 0T7 705-327-7876 www.lakecountryphysio.com

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Orillia	Mariposa Physiotherapy & Rehabilitation	Unit #3, 8 Westmount Drive South, Orillia, ON, L3V 6C9 705-327-0008 www.mariposaphysio.ca
Orillia	Miller Health Center	126 Mississaga St. E. Orillia, ON L3V 1V7 705-327-5400 https://millerhealth.ca/
Orillia	Sports Medicine - Orillia	3285 Monarch Drive Unit A3 Orillia, ON L3V 7W7 705-325-2200
Orléans	CN Physiotherapy - Orléans	7766 Jeanne D'Arc Blvd N, Orléans, ON, K1C 2R5 613-834-5552 http://www.cnphysiotherapy.ca/
Oshawa	Oshawa Chiropractic & Physiotherapy Wellness	549 King St. East, Oshawa, Ontario, L1H 1G3 289-274-7880 www.oshawawellness.com
Oshawa	MN Physiotherapy Clinic	50 Richmond St. E, Suite 111 Oshawa, ON L1G 7C7 905-571-1921 www.mnphysiotherapy.ca
Oshawa	TOP Rehab Inc.	1288 Ritson Road, suite 11 Oshawa, ON L1G 7Z9 905-436-2722 www.toprehab.ca
Ottawa	Action Potential Rehabilitation	2081 Merivale Rd - Unit 300 Ottawa, ON K2G 1G9 613-680-6400 www.actionpotentialrehab.ca
Ottawa	BackTracks Health Centre (In-person and/or Virtual programs)	1441 Woodroffe Ottawa, ON K2G 1W1 613-596-0646 www.bktracks.ca
Ottawa	Bellefleur Physiotherapy	3095 St. Joseph Blvd - Unit 511 Orleans, ON K1E 3W6 613-424-7852

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Ottawa	Chartier Physiotherapie (In-person and/or Virtual programs)	1 - 305 Wilbrod Street Ottawa, ON K1N 6M3 613-680-3993 www.chartierphysio.ca
Ottawa	CN Physiotherapy - Ottawa	3029 Carling Avenue, Suite G4 Ottawa, ON, K2B 8E8 613-455-0262 www.cnphysiotherapy.ca
Ottawa	Expert Physio Plus	2666 Innes Rd, Suite A Ottawa, ON K1B 4Z5 613-800-9800 www.expertphysioplus.com
Ottawa	Performance Sports Therapy	5-5303 Canotek Rd Ottawa, ON K1J OM1 613-742-1230
Ottawa	PhysioFirst Orthopaedic and Sports Centre (In-person and/or Virtual programs)	5307 Canotek Rd., Ottawa, ON, K1J 9M2 613-749-0282 www.physiofirstottawa.com
Ottawa	Physio Sport Plus	1-1190 Place d'Orleans Dr, Ottawa, ON, K1C 7K3 613-830-4806 www.physiosporplus.ca
Ottawa	Ottawa Health: Performance and Rehabilitation	1535 Bank Street, Unit B, Ottawa, Ontario, K1H7Z1 613-728-9414 www.ottawahealth.ca
Ottawa	Stittsville Sport Physio (In-person and/or Virtual programs)	2-1339 Stittsville Main Street Ottawa, ON K2S 1C6 613-435-9100
Palmerston	Minto-Mapleton Family Health Team* *Offers the GLA:D program to patients that have a Doctor or Nurse Practitioner in Clifford, Drayton, Palmerston and Harristown	Minto Rural Health Centre 450 Whites Road, Suite 100 Palmerston, ON N0G 2P0 613-638-2110
Pembroke	Physio In The Valley	1191 Pembroke St E, Pembroke, ON, K8A 7R6 613-635-4777 https://physiointhevalley.ca/

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Perth	Lanark Renfrew Health & Community Services (In-person and/or Virtual programs)	The Factory 40 Sunset Blvd, Suite 105 Perth, ON K7H 2Y4 613-264-1585 ext. 401
Perth	Perth and Smiths Falls District Hospital	Perth Site 33 Drummond Street West Perth, ON K7H 2K1 613-267-1500 ext. 4275
Peterborough	Orthopaedic Rehabilitation Institute Kawarthas	197 George Street North, 3rd Floor, Peterborough, ON, K9H 3G6 705-304-6715 https://orikawarthas.ca/
Peterborough	Trent Health In Motion	1600 W Bank Dr, Peterborough, ON, K9J 7B8 705-741-4758 https://trenthealthinmotion.ca/
Peterborough	We-Fix-U	1500 Lansdown St. West Peterborough, ON K9J 2A2 705-270-0606
Pickering	Duffins Creek Health Centre	1883 Kingston Road, Pickering, Ontario, L1V 1 C9 905-428-9370 https://www.dchealthcentre.com/
Point Edward	Cross Works Physiotherapy (In-person and/or Virtual programs)	611 St. Clair Street Point Edward, ON N7V 1P2 519-491-7273 www.crossworksphysio.ca
Port Elgin	Bruce County Chiropractic and Rehabilitation Center	5098 Hwy 21, Port Elgin, ON, N0H 2C5 519-832-6688 https://brucecountychiropracticclinic.com
Renfrew	Renfrew Chiropractic & Rehabilitation Centre	1 Ma-te-Way Park Drive, Suite 254 Renfrew, ON K7V 4J4 613-431-7272 www.renfrewchiropractic.com
Richmond Hill	Premier Care Physiotherapy	A106 - 11685 Yonge Street Richmond Hill, ON L4E 0K7 905-237-7174

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Sarnia	Archway Health and Sport Services (In-person and/or Virtual programs)	1679 London Road, Sarnia, ON, N7W 181 519-541-0394 www.archwayhealth.ca
Sarnia	Elevate Healthcare	7A-49 Finch Dr. Sarnia, ON, N7S 5C6 519-330-9271 https://elevatehealthcare.ca/
Sarnia	Motus Chiropractic and Rehabilitation Centre (In-person and/or Virtual programs)	1389 Colborne Rd Sarnia, ON N7V 3L8 519-332-4222 www.motus.care
Sarnia	Sport and Spine Physiotherapy	1152 London Road Sarnia, ON N7S 1P4 519-337-8881 http://www.sportandspinephysio.ca
Sault Ste. Marie	Aline Wellness	542 Queen Street E, Sault Ste Marie, ON, P6A 2A1 www.alinewellness.com
Sault Ste. Marie	Lake Superior Physiotherapy	116 Spring Street Sault Ste. Marie, ON, P6A 3A1 705-254-1399 https:// www.lakesuperiorphysiotherapy.com
Sault Ste. Marie	Northern Chiropractic and Physiotherapy	683a Great Northern Road, Sault Ste. Marie, ON, P6B 5A1 705-575-6131 www.northernchirophysio.com
Sault Ste. Marie	Spark Rehabilitation, Back in Motion	589 Second Line E, Sault Ste. Marie, ON, P6B 4K2 705-253-2354 www.sparkrehabilitation.ca www.backinmotion.ca
Scarborough	Healing Touch 3 Inc. (In-person and/or Virtual programs)	114-1585 Markham Road, Scarborough, ON, M1B 2W1 416-292-2101 Healingtouchrehab.com
Scarborough	Plane Tree Healthcare Inc	7 Progress Ave, Unit 4 Scarborough, ON M1P 5A3 416-292-0055 www.planetree.ca

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Scarborough	Providence Healthcare	3276 St. Clair Avenue East, Toronto (Scarborough), Ontario, M1L1W1 416-285-3666 Ext. 4000 www.providence.on.ca
Seaforth	Irwin Physiotherapy	100 Main Street South Seaforth, ON N0K 1W0 519-527-1551 www.irwinphysiotherapy.com
Sioux Lookout	Sioux Lookout Meno Ya Win Health Centre	Rehabilitation Department, Po Box 909, 1 Meno Ya Win Way Sioux Lookout, ON, P8T 0A7 807-737-3030 www.slmhc.on.ca
Smiths Falls	Perth and Smiths Falls District Hospital	Smiths Falls Site 60 Cornelia Street West Smiths Falls, ON K7A 2H9 613-283-2330 ext. 2116
St. Catharines	St. Catharines Physiotherapy Centre - A facility of Lifemark	4A-145 Carlton Street Lake-Carlton Plaza St. Catharines, ON L2R 1R5 905-685-4733
St. Thomas	Family Health Options	133 Curtis St. St. Thomas, ON N5P 1J4 519-637-7778 www.familyhealthoptions.ca
Stouffville	Stouffville Joint Venture Physiotherapy	34 Civic Ave, Suite 300 Stouffville, ON L4A 1H2 905-642-7004 stouffvillejointventure.com
Strathroy	Damen Optimal Health Team (In-person and/or Virtual programs)	8 Front St. East Strathroy, ON, N7G1Y4 519-205-0329 https://damenoptimalhealth.com/
Strathroy	Strathroy Middlesex General Hospital (In-person and/or Virtual programs)	Unit # 14, 51 Front Street East, Strathroy, ON, N7G 3J4 519-245-1550 www.mhalliance.on.ca
Sudbury	Back 2 Health Rehabilitation Centre	2354 Long Lake Road, Unit E Sudbury, ON P3E 5H5 705-586-2225

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Sudbury	Health Tweak	1322 Martindale Rd Sudbury, ON P3G 4J5 705-222-6983
Sudbury	Kinnect to Wellness	1780 Regent Street, Sudbury, ON P3E 3Z8 705-522-9393 Kinnecttowellness.ca
Sudbury	Move Medicine (In-person and/or Virtual programs)	1280 Lasalle Blvd, Unit 202, Sudbury, Ontario, P3A 1Y8 movemedicine.ca 705-222-8889
Sudbury	Nickel Ridge Physiotherapy	1177 Barrydowne Road, Unit 102 Sudbury, ON P3A 3V4 705-586-3230
Sudbury	Real Life Health/Sudbury School of Fitness	1351- E Kelly Lake Rd, Unit 7 Sudbury, ON P3E 5P4 705-222-7213
Tecumseh	Lifemark Tecumseh & Manning	25 Amy Croft Drive, Unit #27, Tecumseh, ON N9G 3B8 Tel: 519-739-6061 www.lifemark.ca
Thornhill	PhysioFlow Clinic	7368 Yonge St., Unite 1A, Thornhill, ON L4J 8H9 905-889-1515 https://www.physioflow.ca/
Toronto	ALPHA Health Services - East (In-person and/or Virtual programs)	14 St Matthews Rd, Unit G.008, Toronto, ON M4M 2B5 647-670-3454 alphahealthservices.ca
Toronto	Andre Gordon Fitness (In-person and/or Virtual programs)	108-22 Shallmar Blvd. Toronto, ON, M5N 2Z8 705-331-1506 www.andregordonfitness.com
Toronto	Annex Clinic	187 Madison Avenue Toronto, ON M5R 2S6 416-961-5571
Toronto	Bayview Physiotherapy & Sports Medicine Clinic Inc. (In-person and/or Virtual programs)	Bayview Physiotherapy/Pure Business 20 Brentcliffe Road, Suite 4 Toronto, ON M4G 0C6 437-880-5530 www.bayviewphysio.ca

List of GLA:D™ Canada Clinics - Ontario

Toronto	Black Creek Community Health Centre (In-person and/or Virtual programs)	Suite 202, 1 Yorkgate Blvd, Toronto, ON M3N 3A1 416-246-2388 www.bcchc.com
Toronto	Bloor Jane Physiotherapy and Active Rehabilitation (In-person and/or Virtual programs)	2425 Bloor Street W, Suite 212 Toronto, ON M6S 4W4 416-766-2050 www.bloorjanephysio.com
Toronto	Braithwaite Physiotherapy	840-151 Bloor St. West Toronto, ON, M5S 1S4 647-348-7700 yorkvillephysiotherapy.com
Toronto	Centre of Arthritis Excellence (CArE) (In-person and/or Virtual programs)	108-465 Davis Drive, Newmarket, ON L3Y 7T9 905-235-9990 www.carearthritisteam.ca
Toronto	Circle Care Physiotherapy & Health Group (In-person and/or Virtual programs)	1000 Gerrard St. E, Gerrard Square, unit D13A Toronto, ON, M4M 3G6 416-461-9299 Email: letschat@circlecare.ca https://www.circlecare.ca/
Toronto	Complete Balance Health Centre (In-person and/or Virtual programs)	2896 Bloor Street West, Toronto, ON M8X 1B5 416-769-1163 https://www.completebalancehealth.com
Toronto	Cleveland Clinic Canada - Toronto Inc. (In-person and/or Virtual programs)	150 Eglinton Ave E, 5th and 8th Floor Toronto, ON M4P 1E8 416-507-6600 ext 1 https://my.clevelandclinic.org/locations/directions/471-cleveland-clinic-canada-midtown
Toronto	CN Physiotherapy (In-person and/or Virtual programs)	3029 Carling Avenue, Suite G4 Ottawa, ON, K2B 8E8 613-455-0262 www.cnphysiotherapy.ca
Toronto	CMCC Campus Clinic (In-person and/or Virtual programs)	6100 Leslie St Toronto, ON M2H 3J1 416-482-2546

List of GLA:D™ Canada Clinics - Ontario

Toronto	CMCC Campus Clinic (In-person and/or Virtual programs)	6100 Leslie St Toronto, ON M2H 3J1 416-482-2546
Toronto	CMCC Clinic at Sherbourne Health Centre (In-person and/or Virtual programs)	333 Sherbourne St Toronto, ON M5A 2S5 416-324-4166
Toronto	Davisville Yonge Clinics (In-person and/or Virtual programs)	124 Merton St, Suite 503 Toronto, ON M4S 2Z2 416-481-6100
Toronto	Dovigi Orthopaedic Sports Medicine Clinic - Sinai Health	600 University Avenue, 20th Floor, Room 450 Toronto, ON, M5G 1X5 https://www.mountsinai.on.ca/wellbeing/rehab-and-wellbeing-centre 416-619-5546
Toronto	Dundas University Health Clinic (In-person and/or Virtual programs)	438 University Ave Suite 104 and 1816 Toronto, ON M5G 2K8 416-598-4999 http://duhc.ca
Toronto	East End Community Health Centre	1619 Queen Street East Toronto, ON M4L 1G4 416-778-5858 www.eastendchc.on.ca
Toronto	East Toronto Orthopaedic & Sports Injury Clinic (In-person and/or Virtual programs)	1577 Danforth Avenue, Unit 4 Toronto, ON M4C 1H7 416-691-3943
Toronto	Eisenhauer and Smith Physiotherapy	1711 Avenue Road, Unit 3 Toronto, ON M5M 3Y5 416-781-3552 www.esphysiotherapy.ca
Toronto	LiveActive Sport Medicine	MasterCard Centre 400 Kipling Avenue Toronto, ON M8V 3L1 416-201-9777
Toronto	PhysioPlus Health Group	2489 Bloor St W, Suite 102, Toronto, ON, M6S 1R6 437-747-6236

List of GLA:D™ Canada Clinics - Ontario

Toronto	Rebalance Sports Medicine - Yonge & Adelaide (In-person and/or Virtual programs)	110 Yonge St, Suite #905 Toronto, ON M5C 1T4 416-777-9999 https://rebalancetoronto.com/
Toronto	Rosedale Wellness Centre	120 Bloor Street East, Suite 105 Toronto, ON M4W 1B7 416-975-0499
Toronto	St. George Physiotherapy Clinic (In-person and/or Virtual programs)	180 Bloor St West Suite 1202 Toronto, ON M5S 1V6 416-921-4587 www.stgeorgephysio.ca
Toronto	Strive Physiotherapy and Sports Medicine (In-person and/or Virtual programs)	RioCan Young and Eglinton 2300 Yonge St., Suite 1604 Toronto, ON M4P 1E4 416-486-4776 www.striveto.ca
Toronto	Suzie Foreman Physiotherapy (In-person and/or Virtual programs)	22 Shallmar Blvd Unit 108 Toronto, ON M5N 2Z8 705-331-1506 www.suzieforemanphysiotherapy.com
Toronto	Suzie Foreman Physiotherapy (In-person and/or Virtual programs)	44 Fairlane Avenue, Barrie, ON L9J 0M9 705-331-1506 www.suzieforemanphysiotherapy.com
Toronto	The Chiropractic & Health Associates Clinic (In-person and/or Virtual programs)	1150 Yonge St, 2nd floor, Toronto, ON M4W 2L9 416-924-0777 www.healthassociates.ca
Toronto	TO Kinesiology	Unit D, 115 Wolseley Street, Toronto, ON, M6J 1K1 647-393-1337 https://www.tokinesiology.ca/
Toronto	Triangle Physiotherapy Lawrence Park	2715 Yonge Street Toronto, ON M4N 2H8 416-203-8622 www.trianglephysiotherapy.com

List of GLA:D™ Canada Clinics - Ontario

Toronto	Trilogy Physiotherapy (Downtown) (In-person and/or Virtual programs)	366 Adelaide St. East, Suite 101 Toronto, ON M5A 3X9 416-504-8383 www.mytorontophysio.com
Toronto	Unison Health and Community Services - Lawrence Heights Location – Head Office (In- person and/or Virtual programs)	12 Flemington Road, Toronto, ON, M6A 2N4 416-787-1661 www.unisonhcs.org
Tottenham	F. Abel Physiotherapy Professional Corp	AbCore Physiotherapy & Sports Rehab 120 Mill St. East Unit 4 Tottenham, ON L0G 1W0 905-936-2846 www.abcorephysiotherapy.com
Trenton	Trenton Massage and Lymphedema Clinic	20 Joseph Street, Trenton, ON , K8V 4A1 613-392-5111 https://www.trentonmassage.com/
Vaughan	BodyWorx Vitality (In-person and/or Virtual programs)	Unit 90-92, 3570 Rutherford Road, Vaughan, ON, L4H 3T8 905-553-5900 https://bodyworxvitality.com/
Vaughan	SPINEgroup (In-person and/or Virtual programs)	7611 Pine Valley Drive, Unit 1 Vaughan, ON 905-850-7746 www.spinegroup.ca
Vaughan	The Pain and Wellness Centre (In-person and/or Virtual programs)	101 - 2301 Major Mackenzie Dr. Vaughan, Ontario, L6A 3Z3 1 (800) 597-5733 www.thepwc.ca
Vaughan	Vaughan Physiotherapy Clinic (In-person and/or Virtual programs)	Suite 201, 398 Steeles Avenue West. Thornhill, Ontario, L4J 6X3 905-669-1221 www.vaughanphysiotherapy.com
Waterloo	Dearborn Health	Room #10, 105 Lexington Rd, Waterloo, ON, N2J 4R7 519-884-4848 www.dearbornhealth.com
Waterloo	Depth Training & Physiotherapy	408 Albert Street, Waterloo, ON, N2L 3V3 226-748-9494 www.depthtraining.ca

List of GLA:D™ Canada Clinics - Ontario

Waterloo	Enhanced Wellness Studio	470 Weber Street North Suite 205C Waterloo, ON N2L 6J2 519-954-5556 info@enhancedwellness.ca
Welland	Zero Gravity Physiotherapy	200 Fitch Street, Unit DL3C 2S2 Welland, ON L3C 4V9 905-735-6006
Windsor	Lifemark Dougall & Ouellette	2570 Dougall Ave Windsor, ON N8X 1T6 519-966-6900
Windsor	Sorella Women's Wellness (In-person and/or Virtual programs)	7900 Anchor Drive, Windsor, Ontario, N8N 5E5 226-769-0077 https://www.sorellawomenswellness.ca/
Windsor	Western Ontario Sports Injuries & Rehabilitation Centre (In-person and/or Virtual programs)	400 Cabana Rd E Windsor, ON N9G 1A3 519-972-6230
Woodbridge	Chiropractic Health Care Centre (In-person and/or Virtual programs)	7845 Kipling Avenue Woodbridge, ON L4L 1Z4 905-851-6848
Woodbridge	Core Health Care	Unit 5, 40 Innovation Drive, Woodbridge, Ontario, L4H 0T2 905-851-2444 https://www.corecare.ca/
Woodbridge	Healtopia Wellness Community	Healtopia Vaughan 7700 Pine Valley Dr, Suite 202 Woodbridge, ON L4L 2X4 905-856-1611 www.healtopia.ca