

# Managing Hip and Knee Osteoarthritis

## SEMINAR SERIES 2025

### REGISTER for Education Sessions Fall 2025

Repeat 2-part 60-min sessions in September, October & November:

**Tuesday, September 16 at 1:00 – 2:00 pm ET**

**Tuesday, September 23 at 1:00 – 2:00 pm ET**

**Tuesday, October 14 at 1:00 – 2:00 pm ET**

**Tuesday, October 21 at 1:00 – 2:00 pm ET**

*Registration for November will open early Fall*

**Tuesday, November 18 at 1:00 – 2:00 pm ET**

**Tuesday, November 25 at 1:00 – 2:00 pm ET**

There is no fee to register!

To register, visit the registration page on the GLAD website here:

**Managing Hip and Knee Osteoarthritis Education Sessions:  
Registration Page – GLA:D Canada**

Registration will remain open until the day before each seminar.  
After registering, you will receive a confirmation email containing information about joining the meeting.

#### LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

Please contact with GLAD National Team at [gladcanada.info@gmail.com](mailto:gladcanada.info@gmail.com) if you are experiencing any difficulties connecting

