

Managing Hip and Knee Osteoarthritis

REGISTER for Education Sessions Spring 2025

Repeat 2-part 45-min sessions in April, May & June:

Thursday, April 17 at 2:30 - 3:15 pm ET

Thursday, April 24 at 2:30 – 3:15 pm ET

Tuesday, May 6 at 1:00 - 1:45 pm ET

Tuesday, May 13 at 1:00 – 1:45 pm ET

Thursday, June 5 at 12:30 – 1:15 pm ET

Thursday, June 12 at 12:30 - 1:15 pm ET

There is no fee to register! Registration will remain open until the day before each seminar.

After registering, you will receive a confirmation email containing information about joining the meeting.

LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

Please contact with GLAD National Team at <u>gladcanada.info@gmail.com</u> if you are experiencing any difficulties connecting





