



Managing Hip and Knee Osteoarthritis



Repeat 2-part sessions at 11:00 – 11:45 AM EST in April, May and June 2024

Wednesday, April 10th Wednesday, April 24th

Wednesday, May 8th Wednesday, May 22nd

Wednesday, June 12th Wednesday, June 19th

There is no fee to register! Registration will remain open until the day before each seminar.

After registering, you will receive a confirmation email containing information about joining the meeting.

LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

Please contact with GLAD National Team at <u>gladcanada.info@gmail.com</u> if you are experiencing any difficulties connecting





