

# Managing Hip and Knee Osteoarthritis

SEMINAR SERIES 2022

## REGISTER for Education Sessions in Spring/Summer/Fall/Winter 2023

Repeat 2-part sessions at 12:00 – 12:45 PM EST in May, June, September, October, November, and December

Tuesday, May 9  
Tuesday, May 16

Wednesday, June 14<sup>th</sup>  
Wednesday, June 21<sup>st</sup>

Wednesday, September 13<sup>th</sup>  
Wednesday, September 20<sup>th</sup>

Wednesday, October 18<sup>th</sup>  
Wednesday, October 25<sup>th</sup>

Wednesday, November 15<sup>th</sup>  
Wednesday, November 22<sup>nd</sup>

Wednesday, December 6<sup>th</sup>  
Wednesday, December 13<sup>th</sup>

There is no fee to register! Registration will remain open until the day before each seminar.

After registering, you will receive a confirmation email containing information about joining the meeting.

### LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA.
- Provide information on the non-surgical treatment options currently available in Canada.
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management.

Please contact with GLAD National Team at [gladcanada.info@gmail.com](mailto:gladcanada.info@gmail.com) if you are experiencing any difficulties connecting

