

Managing Hip and Knee Osteoarthritis

SEMINAR SERIES 2022

REGISTER for Education Sessions in the Fall 2022

**Repeat 2-part sessions at 12:00 – 12:45 PM EST
in September, October and November:**

[Tuesday, September 13th](#)

[Tuesday, September 20th](#)

[Tuesday, October 18th](#)

[Tuesday, October 25th](#)

[Tuesday, November 15th](#)

[Tuesday, November 22nd](#)

**There is no fee to register! Registration will remain open
until the day before each seminar.**

**After registering, you will receive a confirmation email
containing information about joining the meeting.**

LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA
- Provide information on the non-surgical treatment options currently available in Canada
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management

Please contact Rhona McGlasson at 647-537-8664 or Lina Gazizova at 416-902-6524 if you are experiencing any difficulties connecting or email us at LearnaboutOA@gmail.com

