

# Managing Hip and Knee Osteoarthritis



**REGISTER for:**  
**Education Sessions**  
on Tuesdays, June 14th and June 21st, 2022  
at 12:00 – 12:45 PM EST

There is no fee to register! Registration will remain open until the day before each seminar.

After registering, you will receive a confirmation email containing information about joining the meeting.

## LEARNING OBJECTIVES:

- Reinforce the importance of early diagnosis of OA
- Provide information on the non-surgical treatment options currently available in Canada
- Empower individuals to develop skills to help manage their symptoms through education, exercise and healthy weight management

Please contact Rhona McGlasson at 647-537-8664 or Lina Gazizova at 416-902-6524 if you are experiencing any difficulties connecting or email us at [LearnaboutOA@gmail.com](mailto:LearnaboutOA@gmail.com)

