

JOB DETAILS

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| Position: | Contract Casual GLA:D™ Canada Certified Instructor |
| Location: | East End Community Health Centre, 1619 Queen Street East and at various other locations in East Toronto |
| Position type: | Delivery of GLA:D® program |
| Hours of work: | Flexible, but at least 2 – 2 hour consistent blocks of time each week Work may include some evenings and/or weekend hours |
| Start Date: | End of September 2018 |
| Contract End Date: | March 31, 2020 |
| To apply: | Submit resumes to Mireille Cheung by e-mail to: jobs@eastendchc.on.ca Please indicate “GLA:D™ Canada Certified Physiotherapist” in the subject line. |
| Deadline to apply: | September 21st, 2018 at 5:00 pm |
| Payment Model: | Purchase of Service for Program Delivered |

POSITION SUMMARY

East End Community Health Centre provides primary care, health promotion and disease prevention services to southeast Toronto. A unique aspect of our mandate is to serve people who may have difficulty accessing health care due to factors such as language, culture, poverty or the lack of health insurance.

Good Life with osteoArthritis from Denmark (GLA:D®) is a program to help ease the pain and the physical limitations faced by those living with hip and knee osteoarthritis (OA). Developed and clinically tested in Denmark since 2012, GLA:D® is an education and tailored exercise program that has been demonstrated to reduce the symptoms of knee and hip OA by up to 27 per cent.

We are seeking one or two GLA:D™ Canada Certified Instructor(s) to deliver the program at East End CHC and at various other locations in East Toronto.

The instructor will work within the framework of the social determinants of health to provide client-centered care that emphasizes health promotion and disease prevention. The instructor will practice according to the standards of practice of their respective provincial college.

The instructor will work in partnership with other staff and management to support the vision, mission and values of the CHC.

RESPONSIBILITIES

- Deliver GLA:D® program at East End CHC
- Administer identified outcome measures with group participants, at the start and the end of the group program
- Independently assess clients, prescribe exercises, progress exercises, modify exercises as appropriate and transition functional exercises to physical activity and ADLs.
- As needed, work with the staff (physiotherapists, kinesiologists and program coordinator) at East End CHC regarding scheduling of programs, and process for referrals
- Complete documentation of group programs in electronic health record (register clients and take attendance).
- Participate in meetings to discuss successes, challenges and barriers to program.

QUALIFICATIONS

- GLA:D™ Canada Certified
- Licensed by a regulatory body
- Eligible for membership with their respective association
- Up-to-date knowledge, skills and ability to prescribe exercises
- Experience in a health care setting with preferred experience in the community, and a desire to work with low income families and multi-cultural communities
- Experience conducting exercise groups
- Excellent clinical, counselling and interpersonal skills
- A commitment to best practices, ongoing learning, and client centered and collaborative care
- A commitment to working from a community-based and health equity perspective
- Excellent computer and organizational skills
- Second language relevant to catchment area populations is an asset

East End CHC is an equal opportunity employer. We would like to thank all interested candidates, however only those selected for an interview will be contacted. Learn more about us at: www.eastendchc.on.ca